

# Granite City Journal

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4 Sections, 28 Pages

TWENTY CENTS

## Arnett linked to 2 other snipings

By Mike Myers

EDWARDSVILLE — Testimony Monday by two highway sniping victims and a firearms expert linked Gene Arnett to snipings hours before and days after Arnett allegedly killed Todd Scrum on Oct. 24.

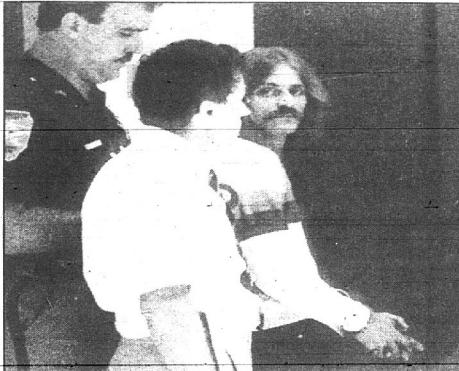
Pamela Rongey, Granite City, identified Arnett in a Madison County Circuit Courtroom as the man who fired a shotgun at her car as she drove on Illinois 203 in Granite City on Nov. 2. Rongey had previously picked Arnett out of a photo lineup and a personal appearance lineup at the Madison County Jail.

**"I looked out the window, saw the gun aimed at me and saw the car passing. I braked and the shot went in front of my windshield."**

Pamela Rongey

Heights, testified that the pellets and wadding removed from Houser and the body of Todd Scrum were consistent in size and probable manufacture with each other and with a spent shell and unfired shells recovered by police from Arnett's car.

Assistant State's Attorney Robert Trone rested the prosecution's



**IN IRONS.** Gene Arnett is taken from court Friday when testimony for the day ended.

case against Arnett early Monday afternoon. Rongey testified she had been driving toward the Granite City Campus of Belleville Area College when she saw a green car occupied by two men come up behind her. Watching in her rear view mirror as it pulled beside her left side, she saw the passenger had a shotgun with the barrel

(See ARNETT, Page 10A)

## Diak fired, explosion of emotion follows

By Mike Myers

Staff writer

GRANITE CITY — An emotional explosion rocked the courtroom Monday night when the Board of Fire and Police Commissioners fired Patrolman George Diak Jr.

The board reached its decision after more than three hours of testimony and about 15 minutes of deliberation. Board attorney Tom Hildebrand said it was not a hard decision and more than bare facts were considered, but the board's choice was dismissal.

Angry shouting, running and slamming doors followed the announcement. "You monsters!" a lady screamed. "You've ruined a young man's life and you don't even know him."

Diak was suspended April 14 for allegedly making an on-duty, unauthorized trip to Jersey County, 30 miles outside city limits.

City Attorney Mark Goldenberg said, and Police Chief Jim Lengyel testified, that Diak's continued employment at the Police Department would have a severely adverse effect on discipline and morale. Lengyel referred to the department as a "semi-military organization" and said discipline had to be maintained.

Diak's attorney, Greg Becker, said Lengyel ran the department like a "para-military" operation, but department members are civilians and should not have to surrender due process rights.

Grafton Police Chief Gary Allen and Jersey County Deputies Kevin Allen and Martin Andrews testified they stopped Diak on April 13 on the River Road about 1½ miles outside Grafton. They testified that Diak told them

**"You monsters! You've ruined a young man's life and you don't even know him."**

he was an on-duty Granite City policeman who was "messing around" and had no identification or driver license.

Allen, the deputy who reported the incident, said Diak was released after being positively identified as a Granite City patrolman. Both deputies testified that Diak told them it was a game to see how far he could get out of the city without being caught.

Diak testified he was stopped near Grafton, but that he never said he was playing a game.

Diak said an aunt's recent death brought back memories of his father's death when he was 18. He said it caused him to daydream often and made him unable to concentrate at

work or in a computer class he was taking.

"I had a lot on my mind... I checked my businesses and I turned onto Route 3 and drove," Diak said. "... I lost track of time and distance. I didn't realize where I was until I saw the sign with the population. I didn't realize I had driven that far."

Granite City Lt. Dennis Chenuault testified he had been in charge of the shift that night and he had gotten a call from the Jersey County Sheriff dispatcher asking if a Diak worked for the department and also asking for a physical description. Chenuault testified that when he radioed Diak and asked his position, Diak said he was at Route 3 and Route 143.

Diak testified that when he gave that position he assumed Chenuault already knew his actual location, but was embarrassed to announce the location over the air.

Lengyel testified that neither he nor former Police Chief Bob Astorian had heard Diak's side of the story nor had either asked him to tell it.

Diak testified he had asked to speak to Astorian, then chief, but the request was denied.

Diak's attorney, Becker, told the board there was no excuse for Diak's action, but he asked it to consider that Diak was denied "basic fairness" when he was not allowed to tell his side of the story to Astorian or Lengyel prior to them recommending that he be fired.

## Reviews and previews

### Venice pupils reading better

Venice Grade school pupils are improving their reading skills, Principal Seth Kirkpatrick said. In a report to the Board of Education, he said 20 children are at reading levels at least two years above their actual grade level. A reading program that awarded pupils free pizza if they read a certain number of books is encouraging children to read more, Kirkpatrick said.

### Higher bus fares July 1

Bi-State regular bus fares will increase to 60 cents in Illinois and 85 cents in Missouri on July 1, Commissioner Jill Roach said. Express fares will go up by 25 cents to \$1.25 in Illinois and to \$1.15 in Missouri. In Granite City, Bi-State has also switched its McKinley Bridge route going to St. Louis from State Street to Madison Avenue.

### Madison aldermen add bite to law

Dog owners, take note. Madison is going to crack down on running dogs. Two members of the Madison City Council said that a city ordinance requiring dogs to be kept on a leash when in public will be strictly enforced. "There will be no leniency," Fourth Ward Alderman Charles Rockett said.

## 50 years ago

Thursday, June 23, 1938

A compromise bill establishing a driver license that matched one passed in the Senate will be introduced in the Illinois House today. The licenses will be issued for a period of three years for 50 cents each. Persons under 18 years will be able to obtain a license for 25 cents.

## Tell it like it is

**Q:** Do you think it is a good idea for state police to ride train engines to ticket drivers who ignore railroad lights?

**Lester Singleton**

"No, I don't think it's a good idea. What about the lights that flash all the time when there's no train around? Sit there for two or three hours?"

—Courtney Boulevard

**Patricia Lewis**

"I think we need this very badly and maybe people will stop doing this."

—Holiday Mobile Home Park

**Sandra Rogers**

"No, I do not believe it is fair to ticket drivers until they start ticketing a railroad for having trains sitting on the tracks for long periods of time with no train anywhere in sight."

—Adams Street

**NEXT WEEK** Should automobile insurance be mandatory?

To record your answer, phone 452-0222 between 5:30 p.m. and 8 a.m. daily. Leave your name, address and phone number for verification.

## Quote of the week

"There is a strong feeling throughout the district that the BAC board should consist of a broader representation to reflect the views of all the district rather than just those of individuals concentrated in a small area," State Rep. Sam Wolf said last week as he handed the college board 4,400 signatures asking that members be elected from subdistricts rather than at-large.

## Tip of the hat



Jennifer Bolt

Jennifer Bolt, daughter of Morris and Joann Miles, Mitchell, has been voted "Teacher of the Year" in the Orchard Farm School District, St. Charles County, Mo. Bolt graduated in 1977 from Granite City High School North and in 1981 from Southern Illinois University at Edwardsville, where she is working on a master's degree in music. Bolt has been a vocal music teacher for six years at Orchard Farm Elementary School, and is director of the elementary and faculty choruses.

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## Deaths

**Margaret Boyd  
Bobby Smith  
Georgina Williams**

## Jackson, Bush criticize Dukakis at conventions



(Staff photo by J.C. Ventimiglia)

**STILLING THE CROWD:** The Rev. Jesse Jackson still the crowd during the Illinois Democratic Convention on Saturday.

By Jack C. Ventimiglia  
Staff writer

SPRINGFIELD — Democratic Party presidential leader Michael Dukakis took jabs from fellow party member Jesse Jackson and Vice President George Bush during the state Democratic and GOP conventions Saturday.

Looking up from the Sangamon State University auditorium stage at some 2,000 Democratic delegates, Jackson jabbed at Dukakis, saying, "There is somebody running from Massachusetts with platitudes and there is somebody from Illinois running with a plan."

During a speech that repeated his calls for farm support, child care and equal pay for women, and that appealed for party unity in Illinois, Jackson drew three standing ovations, mainly from Chicago delegates.

After the speech, Jackson held a press conference where he continued pushing his presidential bid by telling reporters he wanted and deserved favorite son status because the party in Illinois owes it to him in return for the Democrats he's registered. Dukakis has never registered an Illinois voter, Jackson said.

With U.S. Sen. Paul Simon as a former presidential contender, Jackson was asked if party unity in Illinois would suffer from approval of a favorite son resolution. Jackson responded that there was no reason that should happen, since only one Illinoisan remained in contention.

"Well, there are only two candidates," he said.

Convention delegates did not approve the favorite son resolution for Jackson, but state Democratic Chairman Vince Demuzio agreed to talk about the issue with Illinois delegates to the national convention in Atlanta.

Jackson had hoped the status would allow him to gain more of the state's first-ballot votes at the national convention. His request to be the state's favorite son may have been aimed at bolstering his chance to be named vice presidential running mate to Dukakis, but Jackson avowed directly answering whether he wanted the position.

(See DEMOCRATS, Page 7A)





## Many pedestrians victims of traffic

To the editor:

Driving defensively means watching for pedestrians as well as other vehicles. In 1986, 276 pedestrians were killed and 10,267 were injured by motor vehicles in Illinois.

Traffic safety laws give pedestrians the right-of-way in many situations. Drivers must yield:

1. When the pedestrian is in a marked or unmarked crosswalk on your side of the road and there are no traffic control signals. Slow down and stop, if necessary, before proceeding.

2. When making a turn at any intersection, and when making a lawful turn on a red light after coming to a complete stop.

3. After coming to a complete stop at a stop sign or flashing red signal at an intersection. You also must yield to the pedestrian who enters a crosswalk before a traffic light changes.

4. When leaving or entering a street or highway from an alley, building, private road or driveway.

5. When approaching vehicles

or persons working in a clearly marked highway construction or maintenance area.

6. When approaching any blind, hearing impaired or physically handicapped person carrying a clearly visible white cane or accompanied by a support or guide dog.

Persons operating motorized wheelchairs on a sidewalk or road have all the rights of pedestrians.

JIM EDGAR  
Secretary of State

## Big Brothers/Big Sisters needs you to volunteer

To the editor:

You can reach out and touch the life of a child by giving your time and attention to a youngster from your community.

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For the sake of a child waiting for a special friend, be a Big Brother or Big Sister volunteer.

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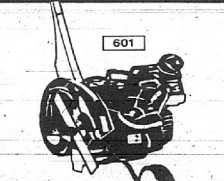
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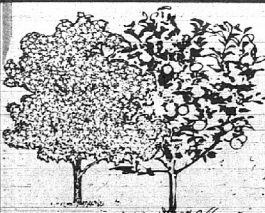
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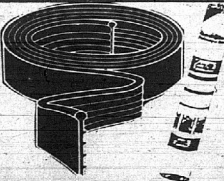
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**GREETING PASTOR.** Charles J. McCaskill, Venice superintendent of schools, welcomes the Rev. Henry Schmidt, pastor of St. Francis Xavier Church, Jerseyville, formerly of St. Elizabeth Catholic Church, who took part in Venice-Lincoln Technical Center graduation ceremonies.



**GED GRADUATES.** Belva Blakely, a Venice-Lincoln Technical Center instructor, right, congratulates Gwen Atkins, left, and Betty Buzzard, center, who were among 45 students attaining high school equivalency certificates.

## 79 graduate at V-L Tech

By Valerie Evenden  
Staff writer

VENICE — Seventy-nine persons graduated from Venice-Lincoln Technical Center at the adult vocational education school's 20th graduation ceremony on June 1.

All communities in the Quad City area were represented in the 1988 graduating class. The remaining graduates were from other communities in Madison and St. Clair counties.

A total of 2,149 area adults graduated from various programs at VLTC since the school began operations 20 years ago.

Among the latest list of graduates were 20 business students, 13 nurse assistants, one welding student and 45 students who received their General Education Development (GED) certificates, a high school equivalency document.

Peter Ponce, VLTC director, welcomed the graduates, family members, and other guests and reviewed the achievements made at the adult center during the past two decades.

More than 1,075 persons have obtained a GED or a high school diploma at the school and 610 have completed the nurse assistant training program, Ponce said.

Additionally, 249 students completed business training; 105 completed welding training; 66 were trained in the machine shop; and 26 persons completed the auto mechanics training program.

Charles J. McCaskill, Venice superintendent of schools, addressed the assembly and congratulated the graduates. School Board Member Gregory Katana presented the certificates.

Venice-Lincoln is administered by the Venice School District, but financed with federal and

(See GRADUATES, Page 5A)



**NURSE AIDES.** Joann Coleman, left, and Beverly Irving both graduated from Venice-Lincoln nurse aide training courses and received perfect attendance awards. Irving also attained a GED certificate at the adult vocational education school.



**SCHOOL DAYS REVISITED.** Nadine Dowdy, Fairmont, City, left, and Marion Winkle, Granite City, right, both returned to school after a 40-year absence and received GED certificates at Venice-Lincoln. Dr. Alice Purdys, their instructor, center, is "very proud of both ladies," she said.

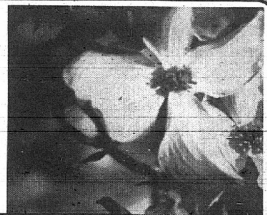
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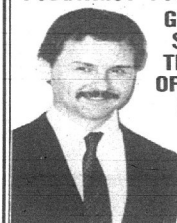
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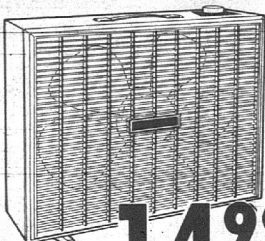


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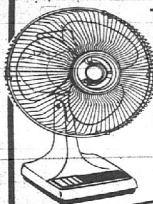
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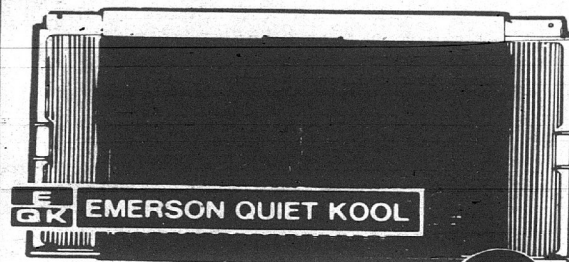
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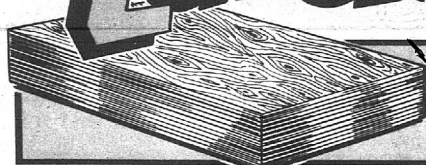
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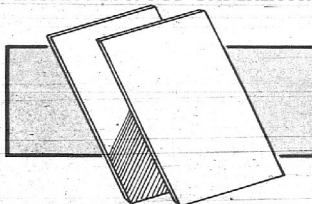
**3<sup>99</sup>** EACH

4 FOOT

**6<sup>49</sup>** EACH

6 FOOT

**7<sup>99</sup>** EACH

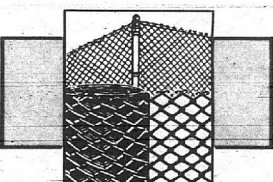


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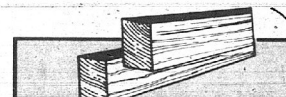
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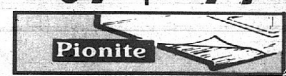
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# Welfare reform legislation passes Senate

WASHINGTON — Here are the votes of senators and representatives on major legislation in Congress last week: A — means the member voted for the measure; an "N" means the member voted against the measure; an "A" means the member did not vote.

## SENATE VOTES:

### 1. WELFARE REFORM

The Senate approved, 93-3, legislation to restructure the Aid to Families with Dependent Children welfare program to require states to provide incentives for recipients who are mothers to find jobs, by offering job training and basic education programs. (HR 1720)

### ILLINOIS:

Dixon (D)-Y

Simon (D)-Y

MISSOURI:

Bond (R)-Y

Danforth (R)-Y

### 2. DEATH-PENALTY FOR DRUG KILLINGS

The Senate approved, 65-29,

legislation that would allow judges to use the death penalty when sentencing people who have killed others in drug-related conflicts. (S 2455)

### ILLINOIS:

Dixon (D)-Y

Simon (D)-N

MISSOURI:

Bond (R)-Y

Danforth (R)-N

### 3. ENERGY AND WATER APPROPRIATIONS

The Senate approved, 92-5, legislation appropriating funds for energy and water projects for the next fiscal year. (HR 4567)

### ILLINOIS:

Dixon (D)-Y

Simon (D)-Y

MISSOURI:

Bond (R)-Y

Danforth (R)-Y

### 4. MILITARY CONSTRUCTION APPROPRIATIONS

The Senate approved, 93-2, legislation appropriating funds to the Defense Department for mil-

itary construction projects for the next fiscal year. (HR 4586)

### ILLINOIS:

Dixon (D)-Y

Simon (D)-Y

MISSOURI:

Bond (R)-Y

Danforth (R)-Y

### 5. LEGISLATIVE BRANCH APPROPRIATIONS

The Senate approved, 78-18, legislation making appropriations to the legislative branch for the next fiscal year. Appropriations are for salaries and expenses of members of Congress, the operations of Congress, the Congressional Budget Office, Library of Congress, and General Accounting Office. (HR 4587)

### ILLINOIS:

Dixon (D)-Y

Simon (D)-Y

MISSOURI:

Bond (R)-Y

Danforth (R)-Y

## HOUSE VOTES:

### TREASURY AND POSTAL SERVICE APPROPRIATIONS

The House approved, 301-96, legislation making appropriations for the Treasury Department and related agencies, including the U.S. Postal Service and the Executive Office of the President for fiscal year 1989. (HR 4775)

### ILLINOIS:

Durbin (D)-Y

Gray (D)-Y

MISSOURI:

Buechner (R)-N

Clay (D)-Y

Gephardt (D)-Y

Volkmer (D)-Y

### 2. AGRICULTURE AND RURAL DEVELOPMENT APPROPRIATIONS

The House approved, 343-54, appropriating federal funds for agriculture and rural development for the next fiscal year. (HR 4784)

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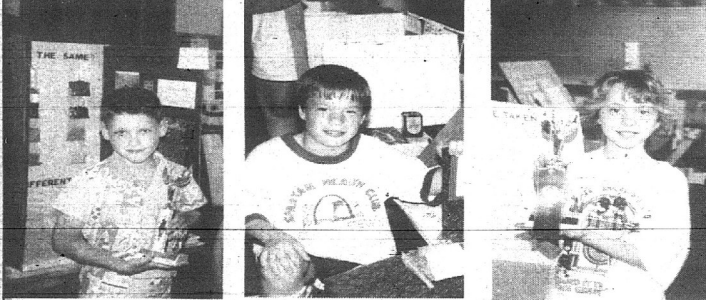
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## Young Scientists

**DISTRICT 9 SCIENCE FAIR WINNERS** include, from left, Jeff Klee, Travis Mills and Amanda Barnett. Jeff, a Parkview Elementary School student, submitted a project that displayed and compared different types of soils. Travis, a Maryville School fifth-grader, created "the baseball bat test." Barnett, a fourth-grader at Maryville School, did a study on asthma.

## Graduates

### 79 graduate from Venice-Lincoln

(Continued from Page 3A)

state funds with no local tax money directly involved.

The Rev. Henry Schmidt, pastor of St. Xavier Catholic Church, Jerseyville, and former pastor of St. Elizabeth Catholic Church, Granite City, gave the invocation and benediction.

Mrs. Marion Winkle, Granite City, one of Rev. Schmidt's former parishioners at St. Elizabeth, was among those receiving a GED certificate. She returned to school after 40 years to complete her high school education and attain the GED.

Dr. Alice Purdies, an adult educator, played the procession-al. Each graduate received a long-stemmed rose or a boutonniere.

Youngsters in the VLTC preschool program were awarded special certificates.

Business graduates were Gale Chastain, Sherry Cookley, Dovie

Dave, Agatha Davis, Charletta Dozier, Theresa Dunnivant, Yolanda Hughes, Edna Kinder, Diana Loehr, Arletrice Mason, Rena Mason, Sandra Molton, Sarah Moore, Donna Nelson, Joyce Perkins, Sarah Perrigan, Stacey Saunders, Iris Terrell, Latrecha Vaughn and Karen Wolf.

The wedding graduate was Stephen Balsai. Nurse assistant graduates were Esther Baker, Vivian Berry, Vinita Cavitt, Joann Coleman, Cynthia Harper, Stella Hughes, Kimberly Humphreys, Beverly Irving, Toni Jackson, Patricia James, Vicki Lucas, Rochelle Malone and Aletha Myrick.

GED certificates were awarded to: Gwen Atkins, Cynthia Braman, Cheryl Bogay, Betty Buzzard, David Churovich, David Cobb, Debra Dailey, Donna Dell, Linda Douglas, Nadene Dowdy.

Hazel Emerson, Juanita Freeman, Vera Garcia, Hettie Glas-

pie, Monique Harrell, Mary Hasselbrock, Patricia Hawkins, Betty Hill, Beverly Irving, Anita Jackson, Deborah Johnson, Donna Jones, Joyce Jones.

Shandra Justice, Richard Kabuss, Veronica Lauderdale, Sheila Lewis, Clairice Marshall, Bobbie Moore, Darlene Morgan, Joseph Muehlbach, Marilyn McCoy, Michelle McReynolds.

Danny Owens, Pennie Poe, Alma Prayer, Diana Simmerman, Kathleen Simpson, Shelly Stearns, Ruth Strong, Beatrice Watson, Brenda Watts, Mary Williams, Marion Winkle and Shirley Young.

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H. A. Cserny M.D., Fellow American Academy of Cosmetic Surgery, will be the featured speaker. Dr. Cserny will present a video about the procedure as well as former clients who have had the procedure for you to see for yourself the dramatic changes you too could enjoy.

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## Regional

# Monks Mound: Lasting miracle

By Kay Rippelmeyer  
SUC University News Service

To build Cahokia's Monks Mound, the world's largest prehistoric earthen structure, required digging with stone, wood and shell implements.

About 600,000 cubic meters of dirt had to be carried basket by basket 800 yards, dumped and leveled.

"The women probably did a lot of the work," explained Jon D. Muller, Southern Illinois University at Carbondale anthropologist. "They were used to carrying the loads."

If a woman — or a man — carried 1/27th of a cubic meter in each basket load (50-60 pounds) it would have taken more than 16 million trips to construct Monks Mound, just one of over 100 mounds in the Cahokia region alone.

The Kincaid mound cluster in Massac/Pope counties and the mounds at the Angel Site near Evansville, Ind., also were constructed — on a smaller scale — by the people known as "Mississippians."

According to Muller, all of the mound construction at Kincaid totals 99,000 cubic meters and that at Angel Site about 97,000 cubic meters.

Monks Mound is six times larger than either of those. "That is just extraordinary. (It's) a one-time event," Muller said.

Monks Mound, named for a short-lived colony of Trappist monks who lived at its base in the 17th century, is a platform mound.

On the fourth or highest terrace a massive building once stood. It was 105 feet long, 48 feet wide and about 50 feet high. "At Cahokia, two other types of mounds were built as well — conical and ridgetop. Some of those were used for burial purposes."

About 1150 A.D., after the Mississippians had lived at Cahokia for about 300 years, they built a 12-15 foot high timber stockade to enclose about 400 acres of the central town.

Three replacement walls were constructed in the next 150 years, each made up of approximately 15,000 logs wedged into trenches four to five feet deep.

Since the site shows no evidence of hostile invasions, the stockades may have been erected simply to define the center of the settlement.

The Mississippians at Cahokia and Kincaid were farmers, raising crops of corn, beans and squash in fields scattered over the bottomlands.

The stockade enclosed some fields as well as the mounds and rows of buildings.

In the center of the enclosure was a plaza on which a game like "chunky" probably was played. Chunky stones were carved discs the Indians threw along the ground in a game of skill and chance.

The mounds and stockades at Cahokia and Kincaid probably were public works projects.

All indications point to considerable political power emanating from a central authority.

A small mound at Cahokia revealed nearly 300 ceremonial and sacrificial burials.

The main burial was that of a man about 45 years old, laid on a blanket decorated with over 20,000 marine shell disc beads. Enclosed with him were great treasures of mica, copper, chunky stones and over 800 perfect points, many made of imported chert (similar to flint).

Nearby were buried four headless and handless men and 53 sacrificed young women.

When Hernando De Soto visited Mississippi villages (1539-1542) on the Savannah River, his chronicler, Garcilaso de la Vega, described a temple such as the one that probably stood atop Monks Mound.

"The ceiling, from the walls upward, was adorned like the roof outside with designs of shells interspersed with strands of pearls... Among those were great headresses of different colors of feathers."

The Mississippian people pursued their way of life for more than 600 years, leaving behind evidence of a still incompletely understood culture.

For more information about the Mississippians see articles in National Geographic (December 1972) and Scientific American (August 1975), as well as the files of Special Collections, Morris Library, SIUC.

## \$83 million state balance

SPRINGFIELD — The balance in the state's General Funds at the end of May was \$83 million, \$15 million more than the balance at the end of April, Comptroller Roland W. Burris reported. The May month-end balance was \$50 million less than the \$133 million balance at the end of May 1987. Gov. James R. Thompson has urged that a balance of at least \$200 million be maintained.

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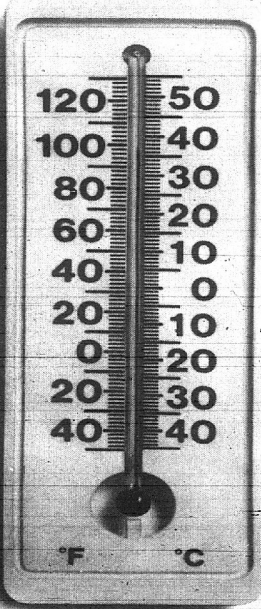
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				PRESENT	PREVIOUS				
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GAS	51.1	08-05	27	7909	7883	26	.35991	21.47	
ILLINOIS STATE TAXES								6.64	
								164.56	
CURRENT BUDGET BILLING								125.00	
BUDGET BILLING STATUS AFTER PAYING THIS BILL AHEAD							\$ 54.63		
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## BUDGET BILLING FROM ILLINOIS POWER.



# House votes \$65 million for light rail

WASHINGTON — A House panel on June 9 passed a bill containing \$65 million for Metro Link, the light-rail line that would link East St. Louis and north St. Louis County.

At the same time, officials at the Bi-State Development Agency, which would build and operate the line, still are negotiating with St. Louis County for a funding commitment needed to free up federal funds for the project.

The House Appropriations

Committee approved by voice vote the transportation subcommittee's recommendation to allocate construction money for Metro Link. The amount is \$30 million less than the Bi-State Development Agency had requested for fiscal year 1989.

The committee's \$10.4 billion overall transportation program budget now awaits action on the House floor. The Senate Appropriations Committee and the full

Senate must approve the bill before the money is made available.

Since 1985, Congress has appropriated \$90.2 million for the light-rail project. But distribution of the money has been held up pending the signing of a full-funding agreement between local jurisdictions and the Urban Mass Transit Administration, the agency that funnels the money to local projects.

UMTA contends the agreement is needed to ensure Metro Link has sufficient funds to operate.

Bi-State estimates the federal government will pay a total of about \$288 million for construction of the project and local jurisdictions will provide \$140 million in assets to complete the 18-mile, 29-station system.

Tom Sturgess, director of communications for Bi-State, said June 9 the agency is continuing to work behind the scenes to finalize the full-funding agreement and thereby free up funds for Metro Link.

A disagreement with St. Louis County over funding support for light rail continues to be a major stumbling block to signing the contract.

Bi-State is waiting to learn whether St. Louis County will lift its \$30 million cap on its annual subsidy to Bi-State, Sturgess said.

The subsidy comes from about \$42 million collected annually from a half-cent transportation sales tax collected in the county.

Other details that Bi-State must resolve are a contract with the Bi-State employees, who would run the system, and acquisition of the Eads Bridge and railroad rights-of-way that the line would use.

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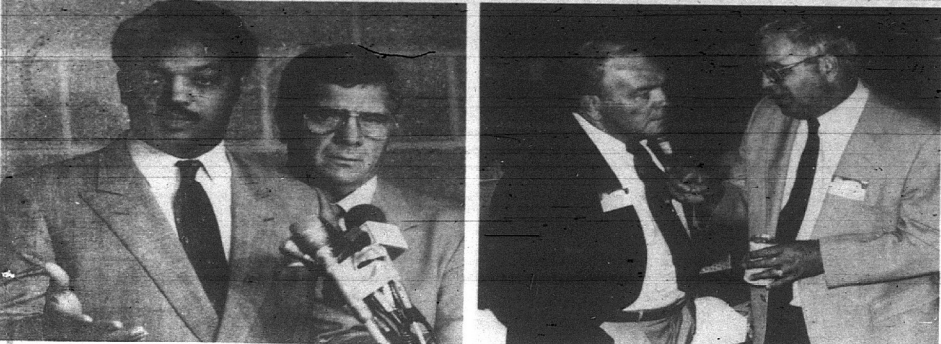
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**WAITING TO SPEAK:** While the Rev. Jesse Jackson finishes a talk to reporters at the Illinois Democratic Convention on Saturday, state Treasurer Jerry Cosentino waits to announce he will vote for Jackson on the first ballot at the Democratic National Convention in July.

**TALKING IT OVER:** At the convention Saturday, the party's downstate second vice chairman, Bill Harrison of Granite City, talks politics with Granite City's street superintendent, Mack Warfield.

## Rawhide moments mark party's time in Springfield

By Jack C. Ventimiglia  
Staff writer

SPRINGFIELD — At any moment it would have seemed natural for "Rawhide's" Rowdy Yates to gallop up with whip cracking to keep "them dogs rollin'." If it would have worked, he'd have been welcomed.

During a 45-minute wait in a jumbled line stretched out under a hot sun Saturday, delegates inched along the sidewalk and through the doorways into Sangamon State University where they split into smaller lines for registration, and more waiting.

The registration lines reversed the usual order of the state's politics — downstate to the left, Chicago and Cook County to the right.

Vendors inside made a few bucks with buttons depicting Massachusetts Gov. Michael Dukakis and John Kennedy side by side, a couple of delegates wore styrofoam "straw" hats, shouting Jesse Jackson, and everyone tried talking louder than the speaker system — the noise, the bodies pressed together and the heat brought to mind Dante's "Inferno."

Paul Bowler, a Democratic delegate from Granite City, like many others in line might rather have been in a birthday suit than the one he wore that muggy morning, but he was a "party man" all the way in and up his views of the lines and organized pandemonium.

"They anticipated about 800 delegates, but more than 2,000 showed up... I can understand (the problems)," he said.

### Democrats

#### Party members hear from Jesse Jackson

(Continued from Page 8A)

"This would not be the appropriate time to answer that question," he said.

Jackson also continued to be cool toward Simon, who refused to get out of the race prior to Dukakis being declared the party's victor.

Jackson had wanted Simon's 160 Illinois delegates and called it "cute" that Simon had suspended his campaign rather than bow out. On June 8, Simon left the race and released his delegates, saying he'd vote for Dukakis and denying a rift with

Jackson existed.

"I don't think you will find Jesse Jackson among my critics on that," Simon had said. "There are some, particularly in Illinois, who have been my delegates who will be voting for Jesse Jackson if Jesse puts his name in for nomination."

Jackson on Saturday would not say whether a rift existed. Although not named Illinois' favorite son, Jackson received a lift at the press conference from Illinois Treasurer Jerry Cosentino who announced he would support Jackson on the first ballot in Atlanta.

Dukakis was also the subject across town. Looking down from

a stage at the crowd of Republicans seated on padded blue chairs arranged in neat rows under signs distinguishing delegates by counties, Vice President George Bush called Dukakis soft on crime. Bush said Dukakis, as Massachusetts' governor, allowed convicted murderers out of jail on weekend passes.

Democrats outnumbered GOP delegates two-to-one at the party news conference in Springfield, with 2,000 Democrats gathered at the university while across town about 1,000 Republicans met at the convention center to hear Bush, Gov. James Thompson and Kansas Sen. Bob Dole.

## Obituaries

### Boyd

Margaret R. (King) Boyd, 69, Pontoon Beach, died at 2 p.m. Saturday, June 18, 1988, at her residence.

Mrs. Boyd was born in Troy and resided in the Quad City area for 68 years. She was employed at the Cochran Veterans Administration Hospital for 40 years.

"She was a member of the American Legion in St. Louis, Pontoon Beach Senior Citizens Club and Concordia Lutheran Church in Granite City. She served as a registered nurse during World War II."

Survivors include one son, Mike Boyd, Granite City; one daughter, Susan Boyd, Santa Barbara, Calif.; one brother, Alvin King, Edwardsville; one sister, Mrs. Edwin (Melba) Daum, Tucson, Ariz.; and three grandchildren.

Visitation was held Tuesday at Werner Chapel for Funerals, 3938 Lake Drive, Pontoon Beach. Funeral services will be held at 10 a.m. today (Wednesday) at Werner Chapel with the Rev. David Haez officiating. Burial will be at Valley View Cemetery, Edwardsville. Memorials may be made to Concordia Lutheran Church or the Arthritis Foundation.

### Smith

Bobby Smith, 48, Granite City, was pronounced dead at his home at 2:47 p.m. Monday, June 20, 1988.

by Madison County Deputy Coroner Ed Werner. He had been in ill health for eight years.

Mr. Smith was born in Cape Girardeau, Mo., and had resided in Granite City for 20 years. He worked as a painter for 20 years with Painters Local 215.

Survivors include his father, Albert Smith, Cape Girardeau; four sons, Jerry and Bobby Smith, both of Granite City, Richard Smith, Parks City, Utah, and Steven Smith, Cookeville, Tenn.; three brothers, Ray Smith, Wood River, Jack Smith, Washington, Mo., and Don Smith, Cape Girardeau; and three sisters, Barbara Laurentius, Cape Girardeau, Kathy McDowell, Florida, and Theresa Ben, Granite City, Ariz.

Funeral arrangements are pending at Ford and Son Funeral Home, 118 S. Sprigg, Cape Girardeau, where the phone number is (314) 334-1313. Local arrangements were handled by Mercer Mortuary, 1416 Niedringhaus Ave., Granite City.

### Williams

Georgina V. (Clark) Williams,

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73, Arcadia, Mo., died at 1:49 a.m. Friday, June 17, 1988, at St. Mary's Health Center, Clayton. She had been hospitalized one day and had a heart ailment.

Born in Decatur, Ill., she had lived in Arcadia for eight years. She was employed by General Telegraph and Electric Co. in California for 30 years as an assembly-line worker and was of the Baptist faith.

Survivors include two sons, Garland and Michael Williams; three sisters, Mrs. Maude Goldman, Kirkwood, and Mrs. Mary Grace Johnson and Mrs. Dorothy Hankins, both of St. Augustine, Fla.; one niece, Kathryn Webb, Granite City; three grandchildren and three great-grandchildren.

Funeral services were held Tuesday at Thomas Memorial Mortuary, 2205 Pontoon Road, Granite City, with the Rev. Kevin Kerr officiating. Burial was at Fairlawn Cemetery, Decatur.

### NOTICE

The following error occurred in Sears June 23rd newspaper supplement on page 6. The number 45117 bike should be 45517. We regret any inconvenience this may cause our customers.

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### Arnett

#### Accused man linked to other shootings

(Continued from Page 1A)

pointed out of the open window. "I looked out the window, saw the car passing, I braked and the shot went in front of my windshield," Rongey said.

Rongey testified that she had gotten a "very good look" at the passenger for about 10 seconds.

Arnett's attorney, John Rekowski, had Rongey demonstrate the time it took her to hit the brakes, after seeing the shotgun, while he timed her.

"Two seconds," he said.

Much of the cross-examination of Rongey and testimony of the first five defense witnesses centered around the fact that Rongey never mentioned a mustache in her descriptions of the man who shot at her, and that it was not considered when a composite drawing was made.

John Arnett, Gene's brother, and Vicki Cleveland, Gene's former girlfriend, both testified that Gene had a mustache at the time and that neither had seen him without a mustache.

Houser testified he had been driving in the right lane on Interstate 55 when he saw a car and tractor-trailer truck in front of him. The car, in the left lane, slowed quickly, he said.

"As I passed, I was reaching for a cigarette from the dash. I noticed the vehicle was right next to me. The next thing I knew, the glass on the driver's side door exploded."

"I was pushed back in my seat. I really didn't know what happened. I pulled over on the right hand shoulder and turned the dome light on."

"Then I saw that I had been shot. There were pieces of me scattered inside and I was bleeding from the chest," Houser said.

Houser said he used his coat to stop the bleeding and drove down the road shoulder. Eventually, he exited at Troy and went into a truck stop for help.

Rekowski, in cross-examination, questioned inconsistencies in Houser's description of the car given to police Oct. 24 and the photos shown in court. Houser had described a 1974-77 Chevrolet Monte Carlo, "puke green" in color with a landau top, defined by Houser as a dark roof not covering the entire top of the car — and a dark, perhaps

rusty, oval spot on the fender. He said the car had Illinois license plates.

The photos showed a late model Ford with a vinyl roof covering the entire top of the car. Arnett, defense testimony showed, had never had license plates issued for the car and it had no plates on it when found by police.

Houser admitted the inconsistencies but said the main thing that stuck in his memory was the color.

"And the dark oval spot. There is no doubt about that," he said angrily.

Rekowski questioned Hall extensively about why more tests were not run on the shotgun pellets to specifically determine their composition for comparison.

"Sir, I already testified that as far as I'm concerned lead is lead," Hall said.

Arnett is on trial for the shotgun killing of Scrump Arnett, alleged to have shot Scrump after their two cars sideswiped.

Cleveland testified earlier that Arnett had told her he had blown out the windshield of a car that had hit his car.

She testified that Arnett had said his car was driven at the time by a friend named "Polack" from Granite City, but said she did not know the driver's real name nor could she identify him by sight.

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## McPike gives 'bad news' on tax increase

Rep. Jim McPike gave Bethalto teachers a quick lesson in math and practical politics that left no hope for a tax increase for education before fall.

"An income tax could be passed down the road sometime after the November election," said McPike, D-Alton, who explained the numbers game to teachers May 27.

"My best guess is that it will be passed next May. It would have a better chance in December than now," he added.

McPike, House majority leader, attended at the request of Bethalto educators struggling with local taxes and budgets. The district has authorized sale of \$500,000 in long-term bonds and is \$600,000 in debt on tax receipts. The largely residential district depends on the state for 70 percent of its funding.

Despite all the lobbying educators may do, McPike said, the votes don't add up for a tax increase and the leadership is not going to call a vote until they do.

"It's pretty much of a blue picture," he said.

Representatives in the southern part of the state account for only one third of the total, and that's not close to a majority, he noted.

Lawmakers may manage to shift \$200 million from other agencies into education in the governor's budget, but the governor may not sign that, he said.

Republican Gov. James Thompson has called for a "modest tax increase," but Democratic House Speaker Michael Madigan is not convinced of the need for such a move.

The result is a political sparring match that has left new spending programs and increases in limbo.

## Retired Senior Volunteer Program honors Costello

Jerry Costello, Democratic nominee for Congress, has received a special Retired Senior Volunteer Program (RSVP) award for his support of the area's older persons. He was honored at an awards luncheon held at Fischer's Restaurant, Belleville.

The award was presented by Gene Verdu, executive director

of Belleville Area College's Programs and Services for Older Persons (PSOP) on behalf of nearly 1,000 RSVP volunteers in St. Clair and Madison counties.

"Jerry has been an outstanding friend and supporter of our programs for many years. His commitment to our membership is greatly appreciated, and we

are pleased to honor him," Verdu said.

More than 700 RSVP participants were recognized for their 220,000 hours of volunteer work over the past year, as part of the awards luncheon. Volunteers were recognized for 10 years, five years and one year of service.

## Super collider plan kept alive

WASHINGTON — The Senate Appropriations Committee agreed June 9 to spend \$100 million on the superconducting super collider in fiscal 1989, supporting actions taken earlier this week by its energy subcommittee.

"Because the House recently approved the same amount of spending for the Energy Department's proposed collider, envisioned as the world's largest and most advanced particle accelerator, the \$100 million allotment is expected to remain intact."

Collider supporters, including representatives of the seven states competing for the \$5 billion research project, consider that amount to be the minimum necessary to keep the program alive. It is no guarantee that the collider will ever be built.

"Some are touting it as a victory but in truth it's a bare minimum," said Sen. Dennis DeConcini, D-Ariz., a member of the Appropriations Committee whose state is vying for the project. Colorado, Illinois, Michigan, North Carolina, Tennessee and Texas also are in the running.

The Reagan administration had requested \$300 million in 1989 collider funding. That would have allowed construction to begin.

Project supporters on Capitol Hill had pushed for \$157 million. Considering some of the strong opposition the collider has faced in Congress, one collider state lobbyist said, "We're thrilled with what's happened here this week."

Both the House and Senate versions of the energy and water appropriations bill would prohibit using any funds for construction of the collider in 1989. Some important differences between the bills must be resolved by a conference committee after the Senate passes its version.

The Senate bill would pay for research and development and associated equipment, hiring of a collider project manager and the drawing of blueprints. The House bill would allow only research and development and would bar the purchase of any capital equipment.

Project supporters hope the final legislation will embrace the Senate version so that equipment can be purchased and more preliminary technical work performed.

The collider, a 53-mile, underground, racetrack-shaped tunnel, is expected to forge new territory in the field of high-energy physics.

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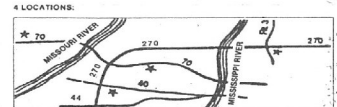
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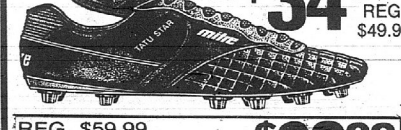
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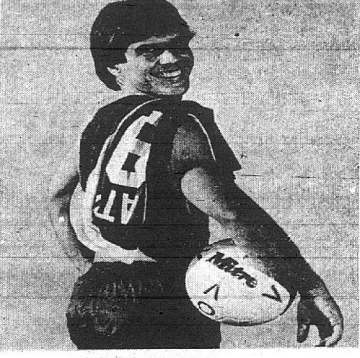
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## Dispute stalls Scott funds

WASHINGTON — An ongoing dispute between Sen. Jim Sasser, D-Tenn., and Air Force Gen. Drane Cassidy has resulted in a possible \$12.8 million budget cut next year at Scott Air Force Base, Belleville.

On June 9, the Senate Appropriations Committee voted to cut funds which had been earmarked to build the new 92,000-square-foot U.S. Transportation Command headquarters at Scott.

However, aides to Sen. Alan Dixon, D-Ill., and Sasser said a meeting between Sasser and Cassidy could lead to a settlement and a restoration of the money on the Senate floor in the coming months.

Dixon is not worried about the money being cut. "When everything is said and done, he knows the monies will be in the bill," said Dixon aide Charles Smith.

Sasser, chairman of the Senate Appropriations subcommittee on military construction, won the case after failing to get the Military-Air Force Command under Gen. Cassidy to transfer up to 12 cargo planes to the Memphis Air National Guard.

Sasser aide Mike Walker said the senator has been trying for two years to get the Air Force Command to transfer the C-141 jets to Tennessee. Sasser believes they could be used more economically in his home state.

Unable to obtain the planes he wanted, Sasser reacted by get-

ting budget cuts that affected the Transportation Command and Airlift Command, Walker said. Cassidy commands both units.

"Sen. Sasser thought this was a good way of to get the attention of Gen. Cassidy," Smith said.

Both the Senate Armed Services Committee and the full House authorized funds for new Transportation Command headquarters. But the Senate Appropriations Committee would not go along, voting June 9 for Sasser's cuts at Scott.

Col. Richard Fuller, a Cassidy aide, said about 400 new personnel are coming to Scott to serve at the Transportation Command, which becomes operational in October. He said the Transportation Command would need the new building as soon as possible.

"Transcom is one of those organizations that all of the senators and congressmen said that we needed," Fuller said. "I would assume that they would support the facility to do the job."

The new headquarters was designed to place the Transportation Command under one roof and serve as the global command post for the movement of U.S. armed forces during wars or crises.

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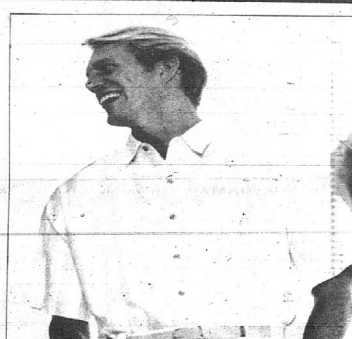
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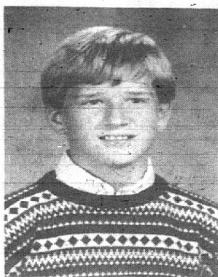
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Jennifer Anne Hitt



Michael A. George

## American Legion award winners named at Sacred Heart/St. Joseph

Jennifer Anne Hitt and Michael A. George received American Legion awards during Sacred Heart/St. Joseph School's graduation Mass at St. Joseph Catholic Church.

The award is presented to an eighth-grade boy and girl who exhibit leadership, courage, scholarship, patriotism, service and honor.

Hitt is the daughter of Mr. and Mrs. Gary Hitt, 3324 Colgate Place. George is the son of Mr. and Mrs. Richard George, 1620 Sixth St., Madison.

At the same ceremonies, the Presidential Academic Fitness Award was presented to graduates Catherine Alexander, Michael George, Jennifer Hitt

and Matthew Lucy. The award recognizes students who have achieved at least an overall B+ average from grade three through the first semester of eighth grade and who score at least at the 80th percentile in a standardized achievement test from the current or preceding academic year. Each recipient received a certificate and letter from President Ronald Reagan.

Alexander is the daughter of Mr. and Mrs. Patrick Alexander, 2622 Edwards St. Lucy is the son of Mrs. Lana Hall, 506 Kirkpatrick Homes.

Hitt and Alexander plan to attend Granite City High School. George and Lucy will attend Marquette High School, Alton.



RICKY THOMAS, left, receives the "Mr. A" trophy from Marshall School teacher Robert Anderson. The award goes to the Marshall sixth-grader who is an outstanding student in academics and character, and whose achievements go beyond those of the usual sixth-grade pupil.

## Scholarship awarded to Tammy Dong

SPRINGFIELD — Tammy Dong, Granite City, is one of 24 new high school graduates selected to receive an Illinois Department of Children and Family Services (DCFS) scholarship.

"This program rewards deserving youngsters who are under our guardianship," DCFS Director Gordon Johnson said. "The scholarships give the graduates the means to go on to college and to prepare for a career in the field of their choice."

Dong is a graduate of Granite City High School, ranked third in a class of 650 students. She is an Illinois state scholar and National Honor Society member.

Her school activities included the scholar quiz team; the science, foreign language and photography clubs; and the flag squad.

She has applied for admission to several colleges and universities and plans to study pre-medical courses.

The scholarships enable high school graduates to attend a college or university of their choice. Winners are selected on the basis of scholastic aptitude, citizenship, academic rank, personal character and high school and community activities.

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# Joy Old Engand meets tropics in balmy Bermuda

By Deborah Reinhardt  
Staff affiliate

Cruising to Bermuda is a civil idea. It allows passengers to gradually grow accustomed to refined lifestyle habits found on this island, the oldest jewel in Britain's colonial crown.

In May, I sailed with Royal Caribbean Cruise Line on the 1,100-passenger Nordic Prince and discovered that cruises to Bermuda are growing in popularity.

In 1987, Bermuda enjoyed its best tourism year. While most people travel to Bermuda by air, more cruise lines this year will put ships in service to Bermuda, indicating repeat-cruise passengers are looking for Caribbean alternatives.

Bermuda has a limited cruise season — April 1 through Nov. 22.

Royal Caribbean Cruise Line put the Song of Norway into service June 8. She sails to Bermuda each week through Aug. 31. The Nordic Prince finishes the season Oct. 19. Seven other cruise lines join Royal Caribbean Cruise Line this year in Bermuda.

To handle the traffic, a new cruise ship dock is set to open this month at the west end of Bermuda.

After spending three days in Bermuda, it is easy to see why this vacation haven enjoys a 40 percent visitor return rate.

Bring your sunglasses because this place actually sparkles. The sun creates a diamond effect on the emerald green and sapphire blue waters. Freshly painted white concrete fences surround candy mint-colored houses.

And Bermuda is a land of friendly people.

Derek Cruickshank-Watkins, lecturer on the Nordic Prince, vacationed in Bermuda as a child. Watkins, a British colonial all his life, joined the Nordic Prince in May. According to Watkins, Bermuda citizens are the country's greatest asset — each citizen acts as a tourism ambassador.

"They don't know what bad manners are," Watkins said. "If a shopkeeper's store is out of something, they will direct you to another store."

Watkins said a Bermuda cruise usually whets a traveler's appetite for extended visits. And Bermuda's low (almost nonexistent) crime rate puts visitors at ease.



ST. PETER'S CHURCH in St. George's was built in 1713. It is the oldest Anglican church in the Western Hemisphere.

"What can be dangerous about a society with a speed limit of 20 mph," Watkins said, "I don't know a more gentle place."

It's true. Bermuda attracts more than a half-million tourists but it is less tourist-tacky than other tropical destinations. Even typical souvenir shops seem less offensive in this stylish place.

The Nordic Prince sails at St. George's, the largest city in Bermuda's two port cities: St. George's and Hamilton. St. George's is rich in English maritime history. Settled more than 350 years ago and named after the patron saint of England, St. George's was Bermuda's first capital. It is a small city, more like a village, and can be thoroughly explored in one afternoon. St. George's appears not to have changed in 200 years.

Begin a walking tour of St. George's in King's Square. Highlights including Town Hall State House where parliament and the principal court met when St. George's was the capital and a former gubernatorial residence, Bridge House. There are a few shops in St. George's but a wider variety of goods can be found in Hamilton. Do most of your shopping in Hamilton.

The Nordic Prince sails from St. George's to Hamilton on Friday afternoon. But the best way to get to Hamilton is by moped or taxi. Either way, stop at the Bermuda Perfumery and Gardens for a free tour. Another idea is a stop at one of Bermuda's beaches. Achille's Bay and Tobacco Bay are in St. George's Parish. All beaches in Bermuda are wonderful.

Once in Hamilton there is plenty to see and do. Shops offer wool clothes, English china, Irish linen and crystal, jewelry. Spanish porcelain to name a few. Shop clerks are friendly, helpful and do not mind spending time with customers. No one pressures you to buy. And do not bargain with shopkeepers. Unlike some cruise ports in Mexico or the Caribbean, the list price is the final price. Fine shops are located on Front Street, which faces the harbor.

Cruise passengers always can get plenty of food on their ship but check out one of many pubs in Hamilton for your lunch break. We tried Rum Runners on Front Street. Pub grub

included bangers and mash (beef sausages, grilled onions, potatoes with gravy and vegetables), shepherd's pie, steak and mushroom pie, calves liver with mashed potatoes and vegetables. All pub lunches were \$8.75. Rum Runners also serves a variety of light and dark English draft beer.

Hamilton is the largest city in Bermuda but the capital can be explored by foot. There are carriage rides that show visitors the sights.

Night life includes a few discos and bars but we went to the Hog Penny, the oldest English pub in Bermuda. Entertainment is provided nightly and everyone is expected to sing along. It can get crowded but it was a fun place. The Hog Penny also serves lunch and dinner.

Watkins said Bermuda almost sounds too good to be true. But with just one visit under my belt, I can add Bermuda near the top of my "favorite places" list. And so will you.



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## Fast facts about Bermuda

Bermuda is about 600 miles off the coast of South Carolina and measures 21 square miles.

The population is 55,000.

Its climate is subtropical, with average daily high temperature of about 75 degrees. Occasional showers occur year-round but average annual rainfall is 67 inches. Hottest months are August and September, when temperatures reach high 80s. September is hurricane month. At this time, swimming, especially at south shore beaches, is extremely dangerous.

The Bermuda dollar is pegged to U.S. dollar. Credit cards and traveler's checks are widely accepted.

U.S. air carriers providing transportation are American, Delta, Eastern, Pan Am and British Airways. Cruise ships are Royal Caribbean Cruise Line's Nordic Prince and Song of

Norway, Bermuda Star Line's Queen of Bermuda (formerly the Canada Star), Home Lines' Atlantic and Homeric, as well as Chandris Fantasy Cruises' Amerikanis and Galileo.

In addition, Cunard, Costa Cruises, Sittmar Cruises and Blythe Cruises Ltd. will make special stops at Bermuda. Norwegian Cruise Line launches service to Bermuda beginning in April 1989. NCL's parent company, Kloster Cruise Limited, will transfer the Royal Viking Star from its Royal Viking Line. The ship will be renamed the Norwegian Star.

Visitors cannot rent cars in Bermuda because of a government regulation limiting autos on the island. Mopeds are the most popular alternative, although walking, taxis, buses and horse-drawn carriages also are transportation possibilities.

# THE SWEETEST THING AT THE TASTE OF CHICAGO.



Mouths are sure to be watering when the Illinois State Lottery holds the Lucky Million Instant Game Drawing.

It all takes place on July 7, at noon, on the Taste Stage, where one lucky person out of seven finalists will indulge in a million dollars.

But that doesn't mean the remaining six finalists will go away hungry. The runner-up will receive \$100,000. Two others each receive \$15,000. While \$10,000 goes to each of the remaining three.

And even if you weren't one of those finalists, you still have another chance to win. You see, even though the Lucky Million Instant Game ends June 27, your winning entry tickets are good for the next drawing. (For further information, consult the back of your ticket.)

So send in those tickets. Unless, of course, you find a million dollars unappetizing.

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## Health care

June 22, 1988—GRANITE CITY JOURNAL

38

### Knowing cholesterol level healthy step

By Dorothy Lucy  
Ill. Nurses District Board

Since the "Report of the National Cholesterol Education Program Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults" was released in January 1988, the country is alive with advertising to "know your cholesterol."

Health care institutions are offering cholesterol screenings to help the public know their number at a nominal charge to cover expenses.

This report is a landmark from the National Institutes of Health. Research has shown the importance of lowering cholesterol to reduce death risks from coronary heart disease.

All adults 20 years of age and over are encouraged to measure their cholesterol at least once every five years. The screenings being offered primarily do not require the person to fast and only require a finger stick for the blood sample.

To interpret your cholesterol, compare the ranges established in the report: less than 200 mg/dL — desirable blood cholesterol; 200-239 mg/dL — borderline high blood cholesterol; greater than or equal to 240 mg/dL — high blood cholesterol.

For every 1 percent decrease in cholesterol below 200 there was found to be a 2 percent decrease in coronary heart attack rate.

Thus, a cholesterol of 150 greatly reduces one's chance of a heart attack. In fact, a cholesterol of 150 reduces by 50 percent one's risk of death from heart attack, whereas a cholesterol of 250 doubles the risk and a value of 300 quadruples the risk of death.

All of us need to know that some atherosclerotic plaques are present within our blood vessels with cholesterol levels greater than 150.

If you have a blood cholesterol check done and you fall between 200-239, have a repeat screening to validate the level and then alter your dietary habits to lower your risks.

Considering the fact that one person dies every minute from coronary heart disease, the time has come for prevention to be the emphasis, rather than acute hospital care.

The primary treatment for elevated cholesterol values is diet. A definite decrease in calories and fat is essential to lower cholesterol.

In a fast-food, fast-paced society this is very difficult to accomplish. The American people eat at fast-food restaurants 50 percent for lunch, 13 percent for supper, and 5 percent for breakfast. The advertisements on the radio have been pushing the "quick pancakes." Perhaps we should be pushing the new "microwave oatmeal" for breakfast.

Most screenings have available dietary tips and a registered dietitian for consultation and interpreting of the results.

As stated by Dr. William Castelli, the medical director of the Framingham Heart Study at a recent lipid program sponsored by St. Louis University: "Most of us would primarily need to alter 10 recipes to lower our cholesterol. We eat the same things repetitively."

Thus, another supplemental service needed for many of us as we learn we fall into the 200-239 or higher cholesterol levels is to be taught dietary changes that we can concretely implement with minimal disruption of our life patterns.

Castelli also recommended we keep the scales, not in the bathroom, but in the kitchen by the refrigerator.

Nurses are also active in this wellness thrust, whether doing finger sticks, running the com-

puter, interpreting results, counseling on the relationship of high blood pressure to high cholesterol, counseling on smoking as it accelerates heart disease risk, and/or explaining the relationships between the need for high density lipoproteins (HDL) and for a lowering of the low density lipoprotein (LDL).

Additional factors that increase the risk for heart disease are also assessed in evaluating the significance of the cholesterol number.

Some risks over which we have little to no control are: increasing age, male, family history of coronary heart disease (CHD), CHD, gout, and diabetes. Those risk factors for which we have more control are: smoking, overweight, high blood pressure, increased cholesterol, and lack of physical activity.

When cholesterol screenings are done, the individuals within the 200-239 mg/dL, and who have two or more risk factors, are referred to their physician for more in-depth lipoprotein analysis.

For those same values, if the individual does not have coronary heart disease or two other risk factors, dietary information is given and a yearly check is recommended.

As can be noted, the other risk factors significantly affect the importance of, and interpretation of, each person's cholesterol reading.

Drug therapy to lower cholesterol is the last choice of treatment, primarily because the medications have many side effects.

Much recent publicity has been devoted to fish oil capsules in reducing cholesterol, and/or reducing heart risk. Be aware that the fish oil capsules have been found to increase the LDL (low density lipoprotein), the one that we need to decrease to reduce the risk for coronary heart disease.

Studies are also showing the fish oil capsules causing malabsorption of other drugs.

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### SLU Medical Center one of 10 conducting hypertension study

St. Louis University Medical Center is one of 10 centers in the country conducting Trials of Hypertension Prevention (TOHP) to study methods of preventing high blood pressure.

The program is being conducted under the direction of Jerome Cohen, M.D., professor of cardiology at the medical center, and is sponsored by the National Heart, Lung and Blood Institute.

Volunteers between the ages of 30 and 54, in good health and who are not taking high blood pressure medication, are being sought to participate in the program. The study will investigate the use of dietary supplements and lifestyle changes in

preventing high blood pressure.

One out of every four persons in the United States has high blood pressure. Left untreated, high blood pressure may lead to heart attack, stroke or early death.

Many medications for the treatment of high blood pressure are available, but more information is needed about preventing and controlling hypertension without medication, Cohen said.

To arrange for a free blood pressure check or to obtain more information, persons may contact St. Louis University Medical Center at (314) 731-7720 Monday through Friday, 8 a.m. to 6 p.m.

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# Entertainment

## Fast pace has Midler feeling down and out

By Harry Hamm  
Staff affiliate

Professionally speaking, Bette Midler is on top of the world. But is she happy?

In 1986 and 1987, the effervescent, brazen actress had three big hits at the box office: "Down and Out in Beverly Hills," "Ruthless People" and "Outrageous Fortune." The last two of those films were for Disney's Touchstone Pictures, who were so enamored with Midler's talent and drawing power that they have signed her to a multipicture deal, of which "Big Business," is the first project.

On the personal side, Midler has a successful marriage. She and her husband, German-born commodities salesman Martin Von Haseberg, have a brand-new mansion in Beverly Hills and an 18-month daughter named Sophie that is Midler's pride and joy.

On the surface, Midler seems to have everything she ever wanted. But privately, the 43-year-old actress says she is still not happy.

"I'm having a very hard time," Midler says. "I'm always very tired. I don't have a minute to myself. I find I have trouble thinking. I'm being pulled in so many directions at once because there are lots of stuff in my life besides films. I think I've worked it out the best I can. Sophie comes to the set with me and we have our time together. When I have the morning off, we go to a gym or swim class for mothers and daughters. So I'm with Sophie a lot of the time."

"But I'm always tired and now I really have a feeling for working mothers out there who don't even have the help I get. Sometimes I think the life I lead really isn't living."

Midler's film career got off to a good start with her starring role in "The Rose" in 1979. Although the film garnered her an Academy Award nomination for best actress, the motion picture was a box office flop. Two other films failed in suc-



Bette Midler

sion — "Divine Madness" in 1980 and "Jinxed" in 1982 before Midler's rebound with "Down and Out in Beverly Hills" in 1986.

Between 1982 and 1986, Midler met her husband. "I was in a really bad state when I met and married Martin," Midler says. "But he has pointed me in the right direction. He has become an important support system for me. Each morning before I go to work he tells me the same thing: 'Ham it up, ham it up,' he says. Recently, we sat down and made a private list of personal things that we wanted to do that would make us happy. By God, we're going to do everything on that list."

Midler's latest film, "Big Business," co-stars Lily Tomlin and is about two sets of twins who get mixed up at birth in the nursery of a small town hospital, only to meet years later in New York City. Technically and comically the film is a success, but a success that did not come easily for anybody working on the picture, especially the two leads, Lily Tomlin and Bette Midler. Midler says, "Technically, 'Big Business' was the worst. It had so many unusual technical elements we didn't comprehend

at first — split screen, blue screen, and a sophisticated new camera called VistaFlex. We were the first actors VistaFlex had ever been used on. Because there were two sets of two people in the script it became very confusing, so they had to coordinate everything very carefully so the story continued to make sense."

"In addition, much of the work we did on camera was not in front of other actors, even though the final product makes it look that way. I spend a lot of time holding conversations with walls and lamps. It was really hard work. There were constant wig and costume changes. All of it took a terrible amount of time and a terrible toll on everybody."

"Emotionally, it wasn't too bad, however, because Lily is great fun to work with. In fact, the ensemble of 'Big Business' is the best group I've ever worked with, although I'm certain I shouldn't say that. Oh, well, I already did and it's the truth. There wasn't a dud in the bunch."

Midler and her husband recently purchased several million dollars worth of prime real estate in Hawaii. Midler, who was born and raised in Honolulu, seems to be leaning toward a long trip back home soon, but finding the time is a problem.

"I wonder, I wonder," Midler says. "It would be nice. You get in those spells where you can't take anymore. You've got to go lie down and get your batteries recharged so you can come out again. I think everybody is like that, it's just that in the work-a-day world you can't just jump up and take six months off. Most people have to wait until they retire. I'm not so sure that's right."

"But I'm really homesick

right now," Midler says. "I think about it all the time, all the time. It was an unusual youth. We were the only Jewish family in a Polynesian neighborhood. But I love Hawaii. It would be great to see my family and friends there. I'd even like to catch up on some movies I haven't had time to see."

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## Around the kitchen

### Apricot leads market parade of sun-ripened fresh fruits

Now is the time to enjoy the long parade of fresh summer fruits.

One of them that moves by the fastest is the apricot. Grown primarily in California, this luscious fruit can bring a taste of the summer sun thousands of miles away. Apricots are fragile fruits and must be given the utmost care in shipping and handling, so they must be chosen carefully.

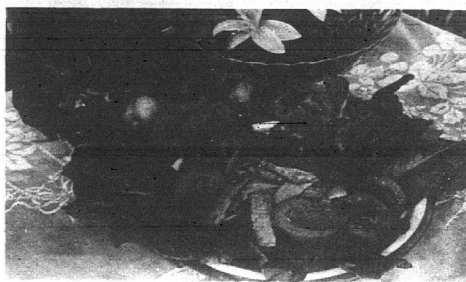
Apricots are an excellent source of beta-carotene, a form of vitamin A, as well as vitamin C. While they taste sinfully sweet, three apricots contain only about 50 calories.

Apricots are at their peak in June. Look for plump fruit with an apricot scent and as much golden color as possible. Soft-ripe apricots have the best flavor, but must be used immediately. Avoid pale yellow or greenish-yellow fruit, or those that are very firm, shriveled or bruised.

If apricots are not fully ripe, group them loosely in a closed paper bag at room temperature and check them daily. When they give to gentle pressure, they are ripe and should be used promptly or refrigerated and eaten within two days.

Apricots can be enjoyed plain or prepared in a variety of ways. Serve slices on cereal or pancakes, or add apricots to fruit, fish or chicken salad. They are delicious stewed or in desserts from pies to sherbet.

Both apricots and broccoli add beta-carotene to this main-dish salad. Pork tenderloin, one of the leanest cuts of pork, is cooked ahead and used as the meat in the salad, flavored with a tasty orange-soy dressing.



ENTICE SALAD-LOVERS with a colorful combination of apricots, pork and broccoli on a layer of greens.

#### Pork and apricot salad

- 1 lb. pork tenderloin
- 10 medium apricots, halved
- 2 cups broccoli, blanched
- 1 cup sliced celery
- 3/4 cup orange juice
- 9 tsp. vinegar
- 2 tsp. soy sauce

- 1/2 tsp. ginger
- Dash white pepper

Trim visible fat from pork tenderloin. Place on rack in 350° oven 30 to 35 minutes. Remove meat from oven, let cool slightly and cut in thin strips.

Place pork, apricots, broccoli

and celery in large bowl. Combine orange juice, vinegar, soy sauce, ginger and pepper. Pour this over pork mixture. Toss lightly to mix. Cover. Refrigerate at least 3 hours, preferably overnight.

Serve chilled.

Yields 4 servings (1 1/2 cups each); 290 calories and 11 gm. fat each.

Note: This can be a complete one-dish meal by adding cooked rice to salad before refrigerating. Juice should be increased to 1/2 cup to ensure moistness of salad.

Registered dietician Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

#### Chocolate popcorn and peanuts

- 1 cup semi-sweet chocolate pieces
- 12 large marshmallows
- 2 tbsp. butter or margarine
- 2 tbsp. water
- 1 bag (3.5 oz.) microwave popcorn, with butter or natural flavor, popped (2 qt.)
- 1 cup cocktail peanuts

Melt butter in large saucepan over low heat. Add chocolate, marshmallows and water. Stir constantly until chocolate and marshmallows are melted and mixture is smooth.

Add popped popcorn. Toss until well coated. Add peanuts and toss.

Spread in shallow pan to cool. Microwave directly combine chocolate, marshmallows, butter and water in 4-cup measuring cup. Microwave on high 4 minutes, stirring several times, until chocolate and marshmallows are melted and mixture is smooth.

Place popped corn in bowl. Add chocolate mixture. Toss thoroughly until well coated. Add peanuts and toss. Spread out in shallow pan to cool.

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## Comb the best baking forms for speedy, yet crispy results

By Sandra Hounson  
Home economist

A microwave oven makes cooking speedy. A conventional oven gives crisp crust and golden brown color. Plan to get the best of both worlds by combining the two ovens to give eye-appealing results in a short time.

A microwave also tends to add moisture to food. In some cases, like when cooking meat, the extra moisture is desired. In baked goods it is less desirable.

Baked potatoes are marvelous in a microwave and some people like a crisp outside crust. To cut the cooking time, yet still get a crisp crust, use each oven where it excels.

Preheat conventional oven to 375°. Wash and pierce potatoes in several places. Microwave on high power for 1 potato — 1½ to 2 minutes; 2 potatoes — 2½ to 3 minutes; 3 potatoes — 3½ to 4 minutes; 4 potatoes — 5½ to 6 minutes. Do not wrap in foil.

Transfer the potatoes to a conventional oven, to bake for 20 or 30 minutes until fork tender.

Meringue pies can be started in a microwave and finished in a conventional oven. If using a commercially frozen pie shell, move it from the metal pan to a glass pie pan.

Just put a homemade pie in a glass pie pan. Press a pan and prick surface with a fork. Microwave at high 3½ to 4 minutes.

When crust cools, which is materially less time than from a conventional oven, make the filling.

Preheat conventional oven to 375°. Wash and pierce potatoes in several places. Microwave on high power for 1 potato — 1½ to 2 minutes; 2 potatoes — 2½ to 3 minutes; 3 potatoes — 3½ to 4 minutes; 4 potatoes — 5½ to 6 minutes. Do not wrap in foil.

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conventional oven, make a favorite filling. Pour into the crust.

For meringue: Beat 3 egg whites with ¼ teaspoon cream of tartar, until frothy and peaks form. Slowly add 6 tablespoons granulated sugar. Beat on high speed until stiff peaks form. Spread over filling. Bake in 375° oven 8 to 12 minutes. Cool pie before cutting.

A convection oven is usually found in restaurants and large commercial kitchens. A convection oven is similar to ovens found in homes, except that a fan constantly blows the hot air so food cooks faster and at a lower temperature. Recently the microwave oven has been combined with a convection oven, and sometimes even a broiler unit is added.

With a microwave/convection combination, each feature can be used separately or in combination. As the food cooks, the oven cycles between time allotments for microwaves and heat from the oven. This cycling allows quick cooking, plus browning and crisping of a crust. The following recipe is for a convection/microwave oven, using the combination cooking cycle.

Impossible pumpkin pie

¾ cup sugar  
½ cup butter/milk baking mix  
2 tbsp. margarine  
1 (13 oz.) can evaporated milk  
2 eggs

Preheat microwave/convection oven to 350°. Put rack in oven. Grease 10-inch pie plate. (Filling will run over smaller pan.)

Mix sugar, baking mix, margarine, evaporated milk, eggs, pumpkin, spice and vanilla until well blended. Pour into pie plate.

Set microwave/convection cooking setting for 20 to 25 minutes. Pie is done when knife inserted in center comes out clean.

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With 22 percent more of each gallon burning in the engine, 22 percent fewer gallons are required. (Actual figures may vary.)

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Platinum GaSaver is cost effective and passed C.A.R.B. in 1983. In addition, increasing the octane rating 4 points eliminates the need for premium gasoline.

Probably the most valuable asset offered by the GaSaver is the extending of engine life by removing carbon deposits. Carbon deposits are simply another form of unburnt fuel responsible for two detrimental phenomena: engine knock or ping, and dieseling or run-on.

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## New baking projects require reading first to get ingredients, equipment

Before starting a new recipe, read thoroughly to make sure all ingredients and equipment needed are handy. Do any advance preparation required. Remember, baking is a science, and the results come from following a recipe carefully.

Use shiny metal pans or those with a non-stick finish. When using glass baking equipment, lower the oven temperature by 25°.

Do not overcrowd the oven. When baking three cake layers, arrange them so no pan is directly over another. Also, a cookie sheet should not be too large for the oven. Allow two inches on all sides to permit heat circulation.

Often, baked foods must cool a bit before being removed from pans. Do not be impatient. Follow directions so the food leaves the pan easily without sticking.

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## Beef salad satisfies desire for heartiness

Robust salads, enlivened with tangy dressings, are fast becoming year-round favorites.

The calorie count is usually low and the cooling sensation is refreshing and satisfying.

Hearty Beef Salad is a salad that spans seasons. It combines meat with a tasty, healthy mixture of vegetables with a zesty dressing rich with red wine vinegar and Dijon mustard, recalling the country salad for which French cooks are famous.

The salad, packed with nutrients, starts with strips of cooked roast beef. Add sliced water

chestnuts, julienned green pepper and whole mushrooms from a jar. Coat with a zesty dressing of red wine vinegar, Dijon mustard, oil, soy sauce, ginger and garlic, then chill. Just before serving, add shredded cabbage. Serve with country rye or whole wheat bread.

### Hearty beef salad

- 1/2 cup oil
- 1/2 cup red wine vinegar
- 2 tbs. Dijon mustard
- 1 tsp. soy sauce
- 1 tsp. ginger
- 1 tsp. pepper
- 1 garlic clove, minced

- 8 oz. cooked roast beef, cut in strips (about 1 1/2 cups)
- 1 (8 oz.) can sliced water chestnuts, drained
- 1 (4 1/2 oz.) jar whole mushrooms, drained
- 1 medium green pepper, cut in julienne strips
- 3 cups shredded cabbage

In small bowl or screw-top jar, combine oil, vinegar, mustard, soy sauce, ginger, pepper and garlic. Blend well.

In large bowl, combine beef, water chestnuts, mushrooms and green pepper. Pour dressing over beef-vegetable mixture. Toss gently to coat with dress-

ing. Refrigerate, covered, 2 to 3 hours or until serving time. Just before serving, add cabbage. Toss. Serve immediately. Makes 4 servings; 300 calories, 19 gm. protein, 10 gm. carbohydrate, 20 gm. fat, 5 mg. cholesterol, 440 mg. sodium each.

### If you see news...

If you see news, call the Press-Record Journal at 877-7700 and ask for the editor, Jack C. Venitniglia.

## Whole grains easy to prepare

Whole grains are excellent sources of nutrients that have been associated with decreased risk of cancer.

These grains are called "whole" because they contain all three naturally occurring parts of grain — germ, endosperm and bran — and thus serve as sources of fiber, vitamins E and B-6, and several minerals.

Some people avoid using whole grain foods because they think these wholesome foods will take too much time to prepare. While some whole grains do require a few extra steps and some additional cooking time, others provide whole grain goodness for about the same effort put into so-called convenience foods.

Bulgur is an example of a whole grain that is easy to prepare. Found in most grocery stores, bulgur is whole wheat that has been steamed, dried and cracked for quicker cooking. It has a delicate, slightly nutty flavor and makes a delicious substitute for rice or potatoes.

Cook bulgur in a covered pan with two parts water or stock to one part bulgur until the grain is tender and liquid is absorbed, about 15 to 18 minutes. For variety, bulgur can be browned lightly along with sliced onions in a non-stick skillet before it is cooked.

This mild tasting Bulgur Dish relies on the natural flavors of the vegetables and bulgur, but

can be spiced up by adding a few drops of pepper sauce if it cooks. Serve it as a whole meal, or complement it with a salad, a raw vegetable platter and a fresh fruit dessert.

### Bulgur dinner

- 1 cup uncooked bulgur (preferably coarse)
- 2 cups water or broth
- 1 green pepper, chopped
- 1 small zucchini, chopped
- 1 medium onion, chopped
- 12 oz. part-skim mozzarella cheese, grated
- 1 large tomato, diced

In Dutch oven or large saucepan, bring water to boil. Add bulgur. Cook over low heat about 20 minutes. Check bottom of pan periodically to make sure all water has not been absorbed; add small amount of water if needed.

Add chopped vegetables to pan. Cover to steam over low heat 10 minutes.

Add cheese and tomato. Cook until cheese melts and tomato is heated through. Yields four (1 1/2-cup) servings, 460 calories and 15 gm. fat each.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

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**FREE PET RITZ COBBLERS**

Buy 1, Get 1

**FREE**

LIMIT ONE SALE



# Holy Cow! June is Milk Dairy Month

By Judy Eddy  
Home economist

**Holy Cow — June is Dairy Month!** Celebrate this stylish season by increasing calcium in the diet.

Calcium consumption is the greatest factor in preventing osteoporosis, a serious disease where the body uses more calcium than it takes in through diet and calcium supplements resulting in loss of bone density. Because dairy foods are a primary source of calcium, June is a good month to become more aware of this timely problem and take steps to prevent it. It cannot be cured, only prevented from worsening.

Milk and milk products — cheese, yogurt, cottage cheese, ice cream, sour cream — naturally are good sources of calcium, but don't forget green vegetables such as collard greens, kale, spinach and broccoli are also sources of calcium. The vegetables can be steamed, then topped with a cheese sauce for a calcium-rich side dish with both the steaming and saucing done

easily and quickly in a microwave oven.

Non-fat dry milk can be added to cream soups, puddings, beverages and prepared mixes like au gratin potatoes to enrich its calcium content. One-fourth cup of non-fat dry milk added to a pudding or cream soup increases the calcium content of the dish by 350 milligrams without changing taste, quality or cooking time.

When preparing milk-based dishes in a microwave oven, always use a large casserole because milk tends to foam and boil over quickly.

California Casserole incorporates sour cream, cottage cheese, cheddar cheese and butter for a dish rich in calcium. It is a tasty side dish to accompany a Tex-Mex meal of burritos, tacos or taco salad. Add a toast to Dairy Month with a milkshake.

## California casserole

- 1/2 cup butter or margarine
- 1 cup chopped onion
- 4 cups freshly cooked rice

- 2 cups dairy sour cream
- 1 cup creamed cottage cheese
- 1 tsp. salt
- 1/2 tsp. pepper
- 2 (4 oz.) cans chopped green chilies, drained
- 2 cups shredded cheddar cheese or cubed process cheese

Melt butter in casserole on high 30 to 45 seconds. Add chopped onions. Saute 1 to 2

minutes on high.

Combine with rice, sour cream, cottage cheese, salt, pepper, chilies and cheese. Bake in microwave-safe casserole 12 to 15 minutes on high, stirring and turning at 5-minute intervals.

Let stand 20 minutes to allow rice to absorb moisture and acquire a custard-like texture. This is excellent reheated with no change in taste or texture.



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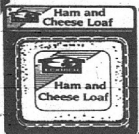
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HAM & CHEESE  
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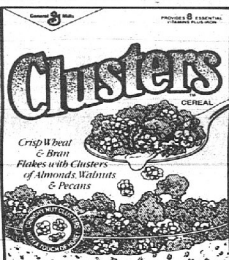


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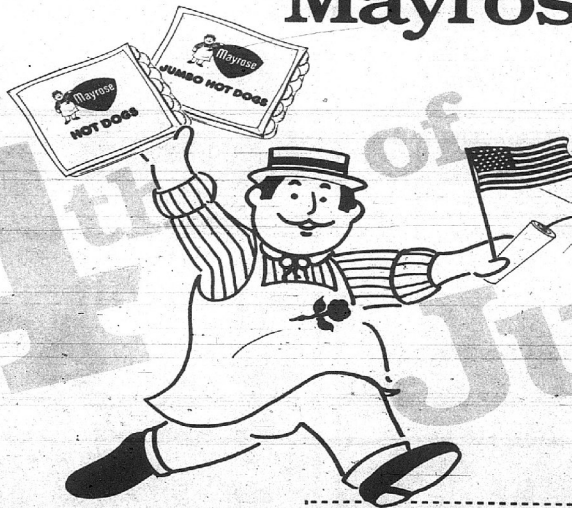
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## Weight loss program must fit realistic lifestyle, body shape

By Jacqueline Lancker  
Registered dietitian  
American Heart Association

While the bikini-clad figure is prominently in today's society of good looks, there is a great struggle going on.

At any given moment, an estimated 40 percent of all Americans are following some weight-loss program to try to get close to what they consider to be a "perfect" figure.

Some individuals are successful at melting away extra pounds and inches, while others find themselves frustrated—and in some cases heavier. Many factors play a role in determining whether or not successful weight loss can be achieved.

One obvious factor that many fail to recognize is that heredity and family history play an important role in determining a person's overall body shape and size. Not everyone can expect to exercise and diet all the way to a perfectly proportioned body. For this reason, height and bone-size should be considered when setting realistic weight loss goals.

Avoid going on a diet, just to fall off a diet. Frequent dieting can slow a body's metabolism, which may lead to weight gain or an inability to lose weight. Scientific studies suggest that when a person strictly limits the amount of food eaten, the body adjusts to the limited calorie intake. Once a person resumes eating more calories, the body continues to function at the lower calorie level, using the food less efficiently. In other words, the extra calories are stored and eventually converted to fat tissue.

Beware of programs that flaunt special food combinations. Food-combining theories have been around a long time and never have been shown to promote weight loss. The only exceptions are those programs that also happen to promote

low-calorie diet plans.

The reducing process has two phases. The first involves losing the excess weight; the second is maintaining the loss. For best results, a person must plan to make permanent lifestyle changes before beginning the first weight-loss phase. Short-term dietary changes are not the answer. Quick weight loss is generally recovered just as quickly once an individual returns to old habits.

The best weight loss programs emphasize slow weight loss and should not promise a loss exceeding 2 pounds weekly. Daily calorie intake should be at least 1,200 calories per day, composed of nutritious foods such as fruits, vegetables, whole grains, lean meats, poultry, fish and low-fat dairy products. The meal pattern must fit the lifestyle. Allowances should be made and advice given for people who are not expert cooks or live hectic lives. Finally, the program should involve exercise into lifestyle changes.

This recipe for Marinated Beef Slices is well suited for a calorie-controlled meal pattern. It is quick and very easy. Serve with rice, steamed carrots and salad greens for a filling, low-calorie meal.

### Marinated beef slices

- 1 lb. lean beef sirloin, well trimmed, sliced very thin
- 1/2 cup lemon juice
- 2 tbsp. oil
- 1 cup thinly sliced fresh mushrooms
- 1/2 cup chopped green onions and tops
- 1/2 cup thinly sliced green pepper
- 1 tsp. pepper

Marinate beef in lemon juice 10 minutes.

While meat is marinating, heat oil in large skillet. Add mushrooms, onions and green pepper. Cook until onion and green pepper are tender. Remove vegetables from skillet. Keep warm.

Drain meat, reserving lemon

juice marinade. Brown meat slices in skillet.

Return vegetables to skillet. Add reserved lemon juice and pepper. Heat through.

May be served over rice. Yields 4 servings. Each provides about 230 calories, 12 gm. fat, 48 mg. sodium and 63 mg. cholesterol.

Reprinted with permission from the American Heart Association, Northeast Ohio Affiliate Inc. ©1978 "Cooking Without Your Salt Shaker."

### Cool pecans best

Pecans can be stored in a refrigerator up to nine months. In the freezer they will keep as long as two years.

To toast pecans, spread them in a single layer on a baking sheet. Bake at 300° about 10 minutes, stirring occasionally. Pecans will be crisp when light brown in color. Overbaking will result in toughening and flavor loss.

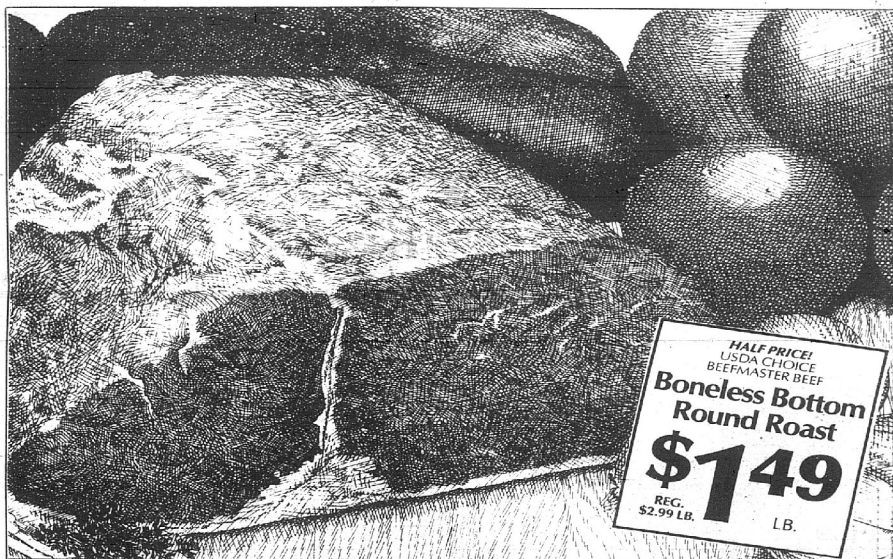
## TRY THE CLASSIFIED!

**TREASURE TROVE BOOKS AND VIDEO**  
MAGAZINES • PAPERBACKS • COMICS • VIDEO RENTAL & SALES  
229 N. MAIN ST., EDWARDSVILLE  
656-4849

**WE'RE MOVING TO A LARGER LOCATION SO WE CAN SERVE YOU BETTER . . . SAVINGS THROUGH OUT THE STORE.**

**COME IN AND HELP US MOVE**  
WE'RE STILL HOME OF THE  
**\$1.00 DAY VIDEO RENTAL**

## Half-Price Savings on Bottom Round Roast!



**HALF PRICE!**  
USDA CHOICE  
BEEFMASTER BEEF  
**Boneless Bottom Round Roast**  
**\$1.49**  
REG. \$2.99 LB. LB.

### KEZK-FM102 Easy Listening CCA NEWSLETTER #11

Dear CCAers:

I know many groups have been anxiously awaiting the results from the large organizations' Opportunity Week tally, so here are the top twelve from turn-in #4 from June 9th.

1. CONCORDIA WOMEN'S GUILD
2. ST. ALOYSIUS LADIES
3. ST. JEROME'S CHURCH
4. FERGUSON SENIOR CENTER
5. LOYAL CHAPTER O.E.S.
6. GOOD SHEPHERD LUTHERAN
7. ST. LOUIS UNIVERSITY HIGH MOTHERS
8. ST. ANN'S OF ST. JOACHIM & ANN
9. ST. AUSTIN MOTHERS CLUB
10. EPISCOPAL CHURCH OF THE HOLY COMMUNION
11. TRUMAN ELEMENTARY #325
12. ZETA BETA CH

Earning an extra 50,000 point bonus for placing 13th, 14th and 15th are BETHEL UNITED CHURCH, REFORMATION LUTHERAN WOMEN'S GUILD and RITENOUR BAND BOOSTERS. Congratulations! It was a wonderfully close tally, and we now enter the home stretch with two more "money earning" tallies before Clean Up Week July 14 & 15.

Don't forget, groups can earn money not only based on their points, but also for being one of the six groups to purchase the most from a CCA Sponser These Sponsor Awards are explained in more detail on page 66 of the Buyer's Guide. Should you need more information regarding these awards, please call Jill or mail the radio station!

A tip of our CCA cap to our CHAIRPERSONS OF THE WEEK! They are MARLENE SPENCE (Bethel United Church of Christ), SANDY SCHNEITZER (All Souls Athletic Association), DELLA SKRABACEK (Assembly of God/Wood River), RUBY LUDY (St. Joseph's Evening Guild) and DIANE MURPHY (St. Joseph's Home & School).

Before week's highlight bonus, please make note that we will accept the surveys from the Buyer's Guide during Clean Up Week ONLY! Also, for those inquiring, "DELF" will not be a bonus for SCHNUCKS this year.

ALEXIAN BROTHERS HEARING CENTERS: Free hearing screenings are worth 2,500 bonus points. PLUS, you'll earn an additional 100 points per dollar spent with every receipt tallied in June!

AMERICAN RED CROSS: If you have a Blood Drive scheduled between June 15th and July 15th, call me for details as to how to earn bonuses!

ALWAYS FEMININE PRODUCTS: Earn 500 points for every label tallied June 23 through July 7. PLUS 1,500 bonus points for every label over 10!

BOUNTY PAPER TOWELS: This bonus is also valid June 23 through July 7. 500 points per label (any size) and 2,000 additional points for each label over 20.

BOUNCE FABRIC SOFTENER: Apply the same bonus to BOUNCE as you do with BOUNTY.

COPI PHOTO FINISH: Earn 200 bonus points per dollar, in addition to your 100 CCA points per dollar. For every CPT receipt tallied June 23 through July 7.

FAMOUS BARRI: Remember, you earn points by saving CASH and CHARGE RECEIPTS from FAMOUS BARRI. And this Newsletter Bonus is valid through July 7th—earn 100 additional points per dollar for any receipt tallied.

FAMOUS BRAND SHOES: A reminder of this Newsletter Bonus announced last week: earn 200 CCA points per dollar for any receipt tallied through July 7th.

FLANAGAN PAINT & WALLPAPER CENTERS: A receipt from any of the 7 convenient FLANAGAN paint stores will earn 100 points per dollar, PLUS a bonus of 200 points per dollar from June 23 through July 7.

FOLGERS COFFEE: Save the label, or the whole bag from any size FOLGERS BRICK COFFEE! As a bonus until July 7th, you'll earn 500 points and an additional 1,500 points for every label over 10!

GLAD FILM: Add this bonus to your ever growing list...earn 1,000 points for any FUJI FILM LABEL tallied June 23 through July 7.

GLENDALE CHRYSLER: Any GLENDALE RECEIPT (for parts, service, rental or purchase) earns 5,000 bonus points if tallied June 23 through July 7.

JEFFY LUBE: YOU CAN SAVE \$4.00 WITH THIS NEWSLETTER! Simply present this newsletter to the folks at the JEFFY LUBE nearest you and you'll save \$4.00 on every 14 point service. This offer is good from June 27th to July 31st. Don't forget that you earn Double Bonus points with JEFFY'S 14 point service, too!

LANDMARK BANKS: ALL SAVING AND CHECKING ACCOUNTS OPENED IN JUNE EARN A \$500 POINT BONUS!

MAULL'S BARBECUE SAUCE: Here's a NEW Newsletter Bonus from MAULL'S...earn 1,000 bonus points for every AMERICAN CLASSIC label tallied June 23 through July 7. If you haven't already tried this new line of sauces from MAULL'S...pick up all three flavors and save those labels!

MIDWEST CARPET: Every receipt tallied June 23 through July 7 earns an additional 100 points per dollar.

MIDWEST LIGHTING: We're extending the bonus here until July 7th...earn 1,500 points PER RECEIPT!

MUELLER FURNITURE: A reminder of this Newsletter Bonus...earn 200 bonus points per receipt tallied through July 7th.

PIR PRINTING: Now's the time to earn big bonuses with PIR PRINTING CENTERS! Each receipt tallied through July 7th is worth TRIPLE POINTS AS A BONUS! That's 300 points, extra, per dollar!

**CASE SALE!**  
12 OZ. CANS—DIET COKE,  
CAFFEINE FREE DIET COKE,

**Coke or Sprite**  
**\$4.99**  
CASE OF 24 CANS

**Medium Gulf Shrimp**  
**\$3.99**  
LB.



**Enter the Schnucks/KHTR SALMON RUN**

**Forest Park • Sunday, June 26**  
**5K/1 Mile Fun Run**

- Commemorative T-Shirt
- Attendance Prizes
- Awards
- Refreshments

Details and mail-in entry forms at Schnucks Seafood Counter!

### Half Price Sale!

- HALF PRICE! 6 CT. PKG. Miss Fresh Pecan Twirls **34¢** WAS \$1.69
- HALF PRICE! 23 OZ. COMBINATION Totino's "My Classic Pizza" **\$1.84** WAS \$3.69
- HALF PRICE! 13 OZ.—BEEF ORIENTAL, SWEET & SOUR PORK, CHICKEN CHOW MEIN OR CHICKEN WALNUT Chun King Frozen Entrees **\$1.09** WAS \$2.19
- HALF PRICE! 12 OZ. PKG. Food Club English Muffins **29¢** WAS 59¢
- HALF PRICE! 1075-144 OZ. 1 CHEESE, MUSHROOM OR BBQ FLAVORS Kraft Chicken Applause **74¢** WAS \$1.49
- HALF PRICE! W/COUPON IN STORE—16 OZ. Quaker Oat Squares Cereal **99¢** WAS \$1.99
- HALF PRICE! 10 OZ. CAN—ALL FLAVORS Sego Diet Drinks **46¢** WAS 99¢

**Schnucks**  
The Friendliest Stores in Town

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SOME ITEMS NOT AVAILABLE IN SOME STORES.

PRICES GOOD IN METRO ST. LOUIS ONLY THRU 6/26/88



# Indonesian foods bring home exotic taste from spice islands

Exotic and spicy cuisine interests American cooks. The United States now imports nearly 300 million pounds of assorted spices each year, and still grows another 100 million pounds on its own soil. With this kind of interest in flavors and seasonings, the cooking of Indonesia, home of the Spice Islands, holds a wealth of recipes, ideas for adventurous American cooks.

Indonesian cooking—which has Indian, Chinese, Arabian and Dutch colonial influences—tends to be a healthy blend of foods and cooking techniques. Chicken is used much more widely than high-fat meats and Indonesians have a host of great ideas for serving seafood. Indonesians rely greatly on their wealth of nutritious fresh fruits like bananas and plantain for a sweet and healthy ending to meals.

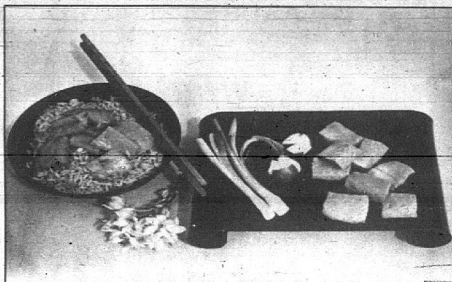
Steaming and stir-frying are common cooking methods that limit fat and help maintain the nutrient content of food. The popular Indonesian barbecue involves flavoring foods in spicy marinades before broiling or grilling. The customary spices of Indonesia include cinnamon, cloves, coriander, cumin, curry powder, chili, garlic, ginger, nutmeg, pepper, tamarind and turmeric, as well as many more exotic spices.

One note of warning about healthy eating is that Indonesian recipes frequently include nuts and coconut, two high-fat ingredients that should be used sparingly.

It may sound unusual, but Ikan Bakr will become a favorite entrée. This modification of a traditional Indonesian recipe for fish has a wonderful, somewhat sweet and zesty flavor. It can be served as a main dish or as an interesting appetizer.

## Ikan Bakr

- 1 lb. fillet of tuna, swordfish or other firm fish, cut in 1 inch cubes
  - 1/2 cup lemon juice
  - 1 tsp. sugar
  - 1 1/2 tsp. soy sauce
  - 1 tsp. oil
  - 2 cloves garlic, crushed, or 1/2 tsp. garlic powder
  - 1 tsp. Oriental five spice powder
- Combine tuna, lemon juice, sugar, soy, oil, garlic and spice powder in large bowl. Mix well. Let mixture marinate at least 15 minutes. If desired, the mixture



**SIMPLICITY REIGNS** in stir-fried fish that is flavored with island-style marinade.

can marinate in refrigerator all day.

Arrange fish in single layer on baking pan. Broil until firm and cooked through, about 10 minutes.

Serve warm. Serve with brown rice and colorful vegetable. Yields about 16 pieces, or 4 servings; 160 calories and 6 gm. fat per serving.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

## Broiled salmon with avocado spread

- 1 avocado, seeded, peeled, mashed
- 1/2 cup margarine, softened
- 1 tsp. dill weed
- 1 tsp. dry mustard
- 6 salmon filets (6 oz. each)
- Additional avocado slices
- Fresh dill sprigs, if desired

Beat together avocado, margarine, dill weed and mustard. Spoon into small serving dish. Cover with plastic wrap. Refrigerate no longer than 1 hour.

Heat oven to broil. Broil salmon filets about 4 inches from heat 3 to 4 minutes on each side or until fish flakes easily when tested with fork.

Serve with prepared avocado spread. Garnish with additional avocado slices and fresh dill. Makes 6 servings.

## Russian dressing

Put 1/2 cup ketchup, 1/2 cup white wine vinegar, 1/4 cup sugar, 2 tablespoons Worcestershire sauce, one-inch piece of onion, 1/2 teaspoon paprika, 1 black pepper corn and 1/4 cup oil in blender container. Cover and process at medium-high. Immediately remove feeder cap and pour in 1/2 cup oil in steady stream. Cover and continue to process until well blended.

Yields 2 cups.

## Tacos never boring when filling varies

Taco filling may be prepared from beef, pork, chicken or turkey simply by cooking meat in the usual manner until done. Add salt, pepper and enough enchilada sauce to make paste of meat. Always serve tacos hot. Refried beans and guacamole sauce may be substituted for meat fillings for added variety.

## Pasta primavera

- 8 oz. curly pasta, uncooked
- 2 cups thinly sliced zucchini
- 1 cup red pepper strips, cut in 1 inch lengths
- 1 cup green pepper strips, cut in 1 inch lengths
- 2 cloves garlic, minced
- cup olive oil
- Spices to taste
- Grated parmesan cheese, if desired

Cook pasta according to package directions. Drain.

In large skillet, heat oil and sauté zucchini, red and green pepper strips and garlic until vegetables are just tender.

Toss hot cooked pasta with sautéed vegetable mixture. Season with spices. Serve with parmesan cheese, if desired.

Makes 4 servings.

**NOW OPEN**  
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4925 Maryville Rd.  
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**DOGS • CATS • AVIAN • EXOTICS**  
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MON. & WED. 8:00-8:00  
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**CALL 931-2408**

**PETE NOVACICH'S MEAT MARKET**

Prices Good Thru June 28, 1988

Great for Texas BBQ Whole in Bag <b>Boneless Beef Brisket</b>	<b>\$1.29</b> lb.	Farmland Sliced Slab <b>Bacon</b>	<b>\$1.39</b> lb.
<b>Boneless Sirloin Steak</b>	<b>\$2.79</b> lb.	<b>Bacon Wrapped Filet Mignon</b> 4 oz. x .3369 - 1.35/5.39 lb.	<b>\$1.35</b> each
<b>Pork Shish-Ka-Bobs</b> 4 oz. x .3369 - 49¢/1.96 lb.	<b>49¢</b> each	<b>Center Cut Pork Steaks</b>	<b>\$1.49</b> lb.

**ONE POTATO, TWO POTATO, FREE POTATOES**  
**5 LBS. POTATOES FREE WITH \$20.00 PURCHASE**

We've reached new heights in recycling performance and we're celebrating. Anheuser-Busch and Container Recovery Corporation are the Number One aluminum recycler in America—with over a billion pounds of aluminum recycled since 1979. As part of the CRC network of recyclers, we're proud to be part of that achievement. Reaching the billion pound milestone is a major event, so we're paying top prices and giving a bonus of extra cash with every pound of aluminum cans you recycle when you bring in this coupon.

**SOARING HIGH**  
OVER 1 BILLION LBS. OF ALUMINUM CANS RECYCLED

Meet Y 98's Phillips and Wall at Operation Brightside  
Saturday June 11, from 11 a.m. - 1 p.m.

Granite City, IL  
Nameoki Village Shopping Ctr.  
3401 Nameoki Road

Tues. thru Sat.  
9:00-12:00

or for the location nearest you call 957-9382  
And, During The Billion Pound Celebration We're Paying

**48¢ per pound + 25¢ BONUS**

Limit 20 pounds for 25¢ bonus with this coupon

OFFER EXPIRES June 25, 1988. Only one coupon per visit. Redeemable only at participating recycling centers. Copies not accepted. Not applicable to commercial recyclers.

Container Recovery Corporation

**SAVE HURRY SALE ENDS SOON**

**THE BROYHILL GOLD MEDAL SALE**

**SAVE BIG ON Broyhill**

**FURNITURE DURING PEERLESS'S FACTORY AUTHORIZED SALE.**

If It's Made by Broyhill It's On Sale at Peerless...

**SAVE 10-47%**

**STOREWIDE SALE ENDS THIS WEEKEND**

**BROYHILL TABLES**  
Contemporary Fashion  
Features: Beveled Glass Tops, Crafted of Solid Oak, and Oak Veneers.  
**YOUR CHOICE \$99**

**BROYHILL SOFA'S**  
CASUAL ELEGANCE -  
**SOFA \$649.95**  
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**BROYHILL DININGROOMS**  
Your Choice: 38" x 52" Leg Table (extends to 70") and 4 Side Chairs or 45" Lighted China.  
**\$499**

**Serta "PREMIUM LUXURY" by Serta**  
**\$89.95**  
10 Year Limited Warranty  
FULL SIZE 129.95  
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**90 Days Same As Cash. Minimum \$400.**

**PEERLESS FURNITURE**  
6312 N. ILLINOIS (RT. 159) • FAIRVIEW HEIGHTS



## Classified liners

<b>Sunday</b> Deadline..... 3 p.m. Friday Rate..... 10 words, \$3.25 (Each additional 5 words, 80¢)	<b>All three issues</b> Rate..... 10 words, \$7.00 (Each additional 5 words, \$1.35) No cancellation for three three issues
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<b>Wed-Thurs.</b> <b>Deadline.....4:30 p.m. Monday</b> <b>Rate.....10 words, \$4.85</b> (Each additional 5 words, \$1.05)	<b>All Illinois</b> <b>Deadline.....10:00 a.m. Monday</b> <b>Rate.....10 words, \$14.15</b> (Each additional 5 words, \$5.40)
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**Call 877-7700**  
**'We'll gladly bill you!'**  
 (Certain ads must be pre-paid)

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- SERVICES 780-1680
- EDUCATION 210-220
- MERCHANDISE 1710-2030

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DISPLAY CLASSIFIED ADS**

SUN. PRESS-RECORD/JOURNAL.....  
WED. JOURNAL.....  
THURS. PRESS-RECORD.....

OFFICE HOURS: 8:30 A.M. 'TIL 5:00 P.M.

All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, or national origin, or any intention to make any such preference, limitation or discrimination."

Persons who knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

For more information on discrimination call HUD call toll free: 1-800-424-9590.

- EMPLOYMENT 310-390
- REAL ESTATE 2300-2485

## Advertising notice

ADVERTISERS ARE REQUIRED to check the first insertion of ads for errors. East Side Publications will be responsible for only one incorrect insertion. Any error should be reported immediately. Please check your ad carefully upon its initial insertion and report any errors to this office at 877-7700.

LIABILITY of East Side Publications in the event of failure to publish an advertisement for any reason or in the event that errors occur in the publishing of an advertisement shall be limited to the space occupied by the items of advertisement.

**CLAIMS CONCERNING OMISSIONS** or incorrect insertions will not be considered unless made within 30 days of publication.

•PROFESSIONAL SERVICES 550-740  
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OFFERS THE LOWEST PRICED USED AUTO PARTS IN THE METRO-EAST AREA

ENGINES	\$150	FENDERS	\$20
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**AMTEC INC.**

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1984 Trans AM all extras  
\$9295 3 months/2000 mile  
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year or 50,000 mile warranty,  
dark blue, luggage rack, rear  
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clean, take over payments,  
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GRANITE CITY, ILL.

**CERICAL SUPPORT PERSON**

The Granite City Park District has an opening for a clerical support person. This is a part-time position - 4 hours per day - Monday thru

ADAPTORS.....\$25    CABS.....\$10  
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We're open every day offering full & self-service.  
**520 OLD MADISON RD.    876-3366**  
 Across from International Raceway

**150 NEW & PRE-OWNED**



**Antique and Specialty Cars    30**

1968 CHEVY IMPALA, 454 fastback, everything new from front to back, rare find, fresh rebuilt engine, 41 gears, new, saving \$500.00. 15,000 invested. 450-6000.  
 55 CHEVY 4 door for sale. No phone. Call 927-2482.  
 1956 OLDSMOBILE 66. \$950.

**EQUIPMENT INCLUDES**  
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**NOW ONLY \$13,295 DEL.**

Call for info.....We can get you into the trucking industry in only **2 Weeks!**

**HOLIDAY BONUS PLAN** makes our offer even more attractive. Give us a call or stop and see for yourself.

- Excellent income potential
- Hands-on training/not home study
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FINANCING AVAILABLE

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16 MAZDA PICK-UP 5 Speed, Stereo  
15 V.W. JETTA 5 - 2 to choose from

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Auto for Sale 10

For the General Record Journal Classified Department: Person with outgoing personality, able to handle yourself well with people, able to work with deadlines. This job comes into heavy contact with the public in the office and over the phone. 45 WPM minimum typing speed and knowledge of data entry. Earnings will be in

Streets. Applications must be filed in the office by 5:00 p.m. June 27.

**STORE**

<p>IS CAVALIER Auto. P-3, Type 10... 3995</p> <p><b>TOYOTA and Jim Lynch Presents....</b></p> <p><b>For A Limited Time.</b></p> <p><b>A "O" Special</b></p> <p><b>Down Payment Offer!</b></p>	<p>12 FLYWOOD BROTHAM... 3995</p> <p>14 BELTA-A Dr. 5 Speed, Auto... 3995</p> <p>16 PONTIAC 6000 - Loaded... 3995</p> <p>18 CHEVETTE - Auto, 7-Dr... 3995</p> <p>19 ALLIANCE 7-Dr. 5 Speed, Av... 3995</p> <p>20 DODGE COLT 2 Door... 3995</p> <p>21 PONTIAC T-1000 4 Door... 3995</p>	<p><b>Professional Careers 310</b></p> <p><b>AIRLINE CAREER TRAINING</b></p> <p>• 12 Week Course • Financial Assist. • Placement • Financ. Available</p>	<p><b>Professional Careers 310</b></p> <p>to 5pm Monday through Friday. Send cover letter and resume to:</p> <p>Granite City Press Record Journal 1815 Delmar Granite City, IL 62040</p>	<p><b>CLERKS</b></p> <p>Fastest growing convenient store chain is looking for</p>
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81 DODGE 300 - 2 Dr. Sunroof	4995	 <p><b>On Leasing With Special</b></p> <p>Residual Values &amp; Rates!</p>	 <p>Assistance (If you qualify)</p>	<p><b>NURSING SERVICE DIRECTOR</b></p> <p>Metro-East nursing home is seeking a Registered Nurse who has supervisory experience and the desire to step into a nurse-management role. Rehabilitation and geriatric nursing experience would be an asset.</p> <p>Offer includes competitive salary, excellent benefits, and a pleasant working environment.</p>
82 OLDS TORNADO - Loaded	4995			
82 MERCURY LYNX - 2 Dr. Stick	2995			
82 QUANTUM WAGON - Auto, Air	4495			
82 AUDI 5000S - Auto, Loaded	5585			
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85 TEMPO - 4 Dr.	2995			

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helpful and would affect our initial salary offer but neither are mandatory.

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Help Wanted 320 Help Wanted 320 Help Wanted 320

**CIRCULATION**  
DIRECTOR WANTED  
METRO EAST, publishing company, is seeking a strong, experienced person to manage its circulation department. Please send resumes to: Metro East, 1818 Delmar, Granite City, IL 62040.

**CLERK/OFFICE**  
Good pay, work conditions, benefits, and steady work in very busy Granite City office. 8 am-5:30 pm, 5 days. Must be mature, energetic, sharp with telephone, able to manage, detail oriented. Write: Pat Deo, P.O. Box 4766, St. Louis, MO 63118. College graduates.

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Secret positions now available for Laboratory Technicians to assist with ongoing research. Looking for individuals with: Science Degrees - Biology-Chemistry, Bio-Chemistry and Microbiology. Send resume to: H.J. Yoh Company, P.O. Box 25507, St. Louis, MO 63148.

**COMMERCIAL LOAN OFFICER**  
East Bank. Candidate should have minimum 7-10 years of experience, both real estate and commercial. Excellent opportunity. Salary commensurate with experience. Write to: P.O. Box 449, St. Louis, MO 63131.

**COMPANION, HOUSEKEEPER**  
To elderly lady. Good salary. Write: Mrs. Good, 922-0000.

**CONSUMER COUNSELOR**  
Bachelor's degree in Counseling related field. Counseling experience preferred. Must be able to work evenings and weekends. Days, long term and cover. Write to: P.O. Box 154, Granite City, IL 62040. Attention: Anne.

**DATA ENTRY**  
Experienced CRT and keyboard operators needed to complete long term temporary assignments. Convenient location. Free Paid.

**ACCOUNTS RECEIVABLE**  
Full time Receptionist to answer telephone, type file, and make appointments. Call: 618-887-4949 for interview.

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Full time Receptionist to answer telephone, type file, and make appointments. Call: 618-887-4949 for interview.

**ELDERLY PERSON**  
needing transportation to medical appointments. Write to: 621-2011.

**ENTHUSIASTIC PERSON**  
needing knowledge of physical fitness for instructor at exercise facility. Write to: 621-2011.

**SHRETER**  
to assist in the maintenance of a large building. Write to: 621-2011.

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**ANDERSON HOSPITAL**  
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We are currently accepting applications for the following positions:

**NURSING: REGISTERED NURSES** in the following areas:  
• OB, Labor & Delivery experience required, part time with part time benefits incl. tuition reimbursement and good health insurance (8-hour shifts, 11p-7:30a)  
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• NURSING SERVICE FLOAT, part time with above part time benefits, (8-hour shifts) assigned where needed on 11p-7:30a shift - this is not a "per diem" position.

Please contact the Personnel Department to apply (618-288-5711, Ext. 425). Interviews will be considered after applications are reviewed.

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TRUCK SALES EXPERIENCE REQUIRED  
A self-starter needed to work as a selling truck manager. Good growth potential with an established Metro-East dealer. Excellent pay plan and fringe benefits.

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**ALL-TIME AND SUMMER**  
Full-time position available in the Granite City area. Experience in sales and customer service required. Write to: 621-2011.

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**MANAGEMENT TRAINEE**  
New Corporation is expanding its sales and marketing department. No experience necessary. We train. Must be 21 years of age or older. Write to: 621-2011.

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**START IMMEDIATELY**  
Local company needs computer operator. Full-time position. Write to: 621-2011.

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Three bedroom. Partially finished basement. Oversized 2 car garage. Nice carpet. Only \$44,900.  
Only on this 12x60-ft. mobile home, already in park. Two bedrooms, range, refrigerator.  
**BUILDING FOR LEASE:** Located on Hwy. 100, center or warehouse. Large 55x155-ft. parking lot.  
Really well located 3 bedroom brick ranch bedroom and second 1/2-bath in the garage. Fenced yard. Big lot. Put this on

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**3 BEDROOM RANCH:**  
 Only a year old, 2 full  
 baths, 2 car garage,  
 lake lot. Only \$59,900.

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 Energy efficient home,  
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
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All homes will be  
giving pleasure on  
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**\$23,500 & SPOTLESS!** Nicely decorated in Cottonwood area with central air, situated on a nice lot with shade trees, 12 x 8 wood deck for BBQ's. Protected 1 year for water damage repairs. #B0731



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## Sports

# Triplets drop 2nd in a row

By Carl Jacobs  
Staff writer

CAHOKIA — Turning points in baseball games usually don't happen before fans have sat down with beverages and exchanged pleasantries.

Monday night, however, was one of those rare occasions as Cahokia Post 784 and the Granite City Triplets hooked up in a District 22 game.

Before anyone was set, Granite City loaded the bases with no outs in the top half of the first. Cahokia manager Jerry George made a trip to the mound and had a pitcher warming up in the bullpen.

But instead of Post 784 jumping to an early death, it was the Triplets who stumbled over themselves. They only cashed in the opportunity for two runs. From that point on, everything went uphill for Cahokia and downhill for Granite City as Post 784 cashed in a 10-3 win. The win improved Cahokia's league mark to 3-7 and overall slate to 4-10, while the Triplets dropped their second straight to fall to 6-2.

Cahokia pitcher Paul Lovelace worked out of the first-inning jam by getting John Moad to pop up for the first out and inducing Kurt Hodges to hit into a double play. Between the outs, Triplet pitcher Joe Wallace helped his own cause by doubling in two runs and Kory Burton walked, but Lovelace escaped and settled down to pitch a complete game.

"He was on his last batter," George said of Lovelace when he got the double play. "I didn't tell him I was going to take him out when I went to the mound, but he knew. When I am on the edge of the dugout he knows I am about to make a move."

Instead, Lovelace made the move. After the first, he allowed just five more hits and one more run. He fanned seven Triplets and walked only two. Lovelace also hit a batter.

(See TRIPLETS, Page 4D)

## Triplets suffer 1st loss at Waterloo

The longer a team waits to lose, the bigger the defeat.

That's what the Triplets seemed to find out on Sunday. Like Napoleon's army, everything seemed to be going fine for Post 113 until arriving in Waterloo. There, the Triplets' six-game winning streak came crashing down to the tune of a 17-1 shellacking.

Mark Begando suffered the brunt of the punishment from Post 747's bats. The left-hander allowed 12 runs in 2 1/2 innings and wasn't helped by some poor defense.

Waterloo outfielder Granite City 17-4 John Moad and John VanBuskirk, both hitting over .300 so far this summer, had two hits apiece. Moad drove in a run in the first as the Triplets took a 1-0 lead. But that was a bad omen for Granite City, which had trailed early in each of its six wins.

Post 747 got five in the first, five in the second, six in the third and a single tally in the fifth. Leading the onslaught was catcher John Baxmeyer, who was 3 for 4 with three RBIs.

Post 113 was 6-0 after a come-from-behind 5-3 win at Collinsville on Saturday. The Triplets trailed 3-1 before scoring three in the fourth and one in the sixth. Tim Black got the win as he pitched six innings, allowing five hits. All three of Post 365's runs were in the third. Tom Noscone took the loss for Collinsville.

Moad, VanBuskirk, Craig Dippel, Kory Burton and Ligoud had two hits each as the Triplets totaled 12 hits. Dippel drove in two runs while VanBuskirk and Joe Wallace had one RBI each.



(Staff photo by Dave Whaley)

## All-stater

JENNIFER DEBEVC of the Warrior girls soccer team received all-state honors at the state tournament last month. Debevc, a sophomore, led the Warriors with 14 goals. She was joined on the all-state team by Kim Thompson and Julie Corrie of Collinsville, and Nanci Shafer of O'Fallon. Debevc was the top player on the all-sectional team. All-American honors will be given out next fall in connection with the boys teams.

## Mistakes continue to plague Optimists

By Dave Whaley  
Executive sports editor

GRANITE CITY — It would take a true optimist to say that the Granite City Optimist baseball team is headed for big things this summer.

As the weather turns hot, the Optimists are not. They suffered a miserable 13-4 defeat to unbeaten Greenville in District 22 Junior Legion action at Varsity Field on Monday. Granite City lowered its record to 3-4 in league play and 5-5 overall. And it wasn't too pretty.

"This is one of the worst defensive teams I've been around," said manager Paul Kacera. "We just can't make the plays."

Only five of Greenville's 13 runs were earned, and Optimists starter Rich Schardan deserved a much better fate. He left after five innings trailing 7-0, but only allowed one earned run.

"Rich pitched a tremendous game," said coach Carl Benson. "If we make a couple of plays and get a key hit or two, we can win this game. I think we've played most of the weak teams already. Greenville is very good, but I think the only game we've played where we were truly out-matched was the first one against Highland."

"But there won't be any cake-walks for us. The schedule will

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2B; Huffman 1B; Mince 1B; Young 1B; RB; LF; Schardan						
2B; Huffman 1B; Mince 1B; Young 1B; RB; LF; Schardan						

get tougher.

Just like last year, the Optimists have lost one of their best players — a catcher — to injury. Last year it was Jason Smith. This year, Matt Schnefke broke his wrist playing hockey over the weekend. Mike Mueller caught Monday and Greenville (10-0) stole 10 bases.

"Mike has a good arm, but it takes him too long to get rid of the ball," Benson said. "It hurts not to have Schnefke, because we have to move other players around. We just don't have enough position players."

Pitchers Darren Huffman (right field) and Tom Soncezyn (first base) had to play in the field, and Huffman dropped two fly balls.

"What really hurts our defense is when (Brian) Harshany or Schardan pitch," Kacera said. "They are good defensive players on the infield."

The Optimists made six errors. Troy Adamitis miscue led to an RBI single by Bob

(See OPTIMISTS, Page 4D)

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## Cardinals sticking with Alicea

By Rob Rains  
Staff affiliate

The way Tom Brunansky broke in with the Cardinals helped take some of the pressure off the other player affected by the trade of Tom Herr.

But Brunansky has cooled off, and now more fans and callers to radio talk shows are starting to notice second baseman Luis Alicea and his dwindling batting average.

Going into this week, Alicea's average had dropped to .214. Having decided Alicea isn't ready for the majors, the doubting callers want Jose Oquendo moved to second when Terry Pendleton returns to the lineup in a couple of weeks.

The Cardinals don't share that opinion. They know they were taking a chance on Alicea when they rushed him to the majors, but overall they have been pleased with the way he has played and have no plans to take him out of the lineup.

"His average is terrible," said Whitey Herzog. "He's hitting too many fly balls. He's right on the ball. It isn't like he's fooled or anything. I think he's going to be a pretty good hitter. He's got good fundamentals both ways."

The Cardinals are working hard to correct Alicea's flaws, including having him use a heavier bat when batting right-handed to try to hit more ground balls. He is hitting about 100 points

higher left-handed than right-handed.

"I think the ball will jump a little more off his bat," Herzog said. "That's what we're hoping."

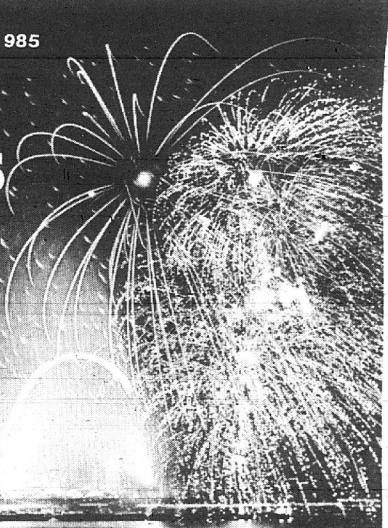
Even though he has committed nine errors, the Cardinals have been pleased with the way Alicea has played defensively. The fact he has stolen only one base, however, has surprised them somewhat.

The Cardinals still believe Alicea is their second baseman of the future and his present struggles are not going to alter that opinion.

(See RAINS, Page 4D)

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(File photo)

## Taking a dive

JENNY BAKER and the Paddlers Swim Club diving and swimming team are about to begin defense of their Southwestern Illinois Swimming Association titles. Previews of the teams will appear in tomorrow's Press-Record.



# School sports year was mixture of highlights, lowlights

As you can probably tell by the electric bill, it's summer time.

It became official yesterday, but for the sports editors at hometown newspapers, summer arrives the moment the high school sports year has been completed. Since the main purpose of a hometown newspaper's sports section is to cover school athletics, now is a good time to sit back, keep cool and reflect on the 1987-88 school sports year in the Tri-Cities.

Tim and Jamie, where are you? Although it would be unfair to diminish the accomplishments of many others, the previous three Granite City High School could have very well been termed the "Hogan era."

The twins were all-conference in three sports, and their absence was felt first — and perhaps most — in the Granite City Warrior football team. Although the 2-7 team gave up lots of points at times, it was a lack of firepower on offense in the Hogan era that really hurt Granite City scored only 50 points in nine games.

A long wait — for nothing: The Madison Trojans had never made the IHSAA football playoffs since post-season play was instituted in 1972. But a 27-6 win at Quincy Notre Dame on Halloween sent Don Smith's team into the promised land.

Unfortunately, the Trojans still have scored as many post-season points now as they had before — zero. A rash of turnovers killed the Trojans in a 20-0 loss to Alton Marquette in the first round at Sam Dymally Memorial Field.

In Herb we trust: No one really likes the idea of having a soccer game decided by penalty kicks — least of all the state championship game.

But it looked inevitable on Nov. 7 as the Warriors and Park Ridge Maine South entered the final two minutes of the final overtime period locked in a scoreless tie. Then Scott Stone nudged Matt Krevovich's long punt to Herb Hogan, who broke through for the title-winning goal.

## Water skier needs help from driver for safety, performance

In many respects, water skiing is an individual sport, but teamwork between the skier and the boat driver is vital.

"The boat driver is an important element at all levels of water skiing," says Lanie Corbin of Belleville, who helped her husband and their children learn the sport. "He directly affects the performance of every skier."

Corbin lists several "rules of the water" for ski-boat drivers. "Don't hit the throttle when the rope (held by the skier) becomes tight," she said. "A good driver observes the skier and waits for him to get in a good starting position. The driver should then move the boat in and out of gear, so the rope stays tight while the skier gets into position. The skier should tell the driver he's ready by a 'hit it' or a nod of the head.

"At that moment, don't 'gun it' — full throttle can make too much pull. Scan the area in

## Sports Comment

By Dave Whaley

It was Granite City's eighth state crown in 16 years and the seventh for Gene Baker — but the first since Granite City North and South high schools remerged in 1983.

The penalty kicks were avoided — but Baker had reason to fear them six months later.

Here's to the ladies: Girls sports in Granite City? There hadn't been too much to cheer about in recent memory.

But when Don Deterding took over the volleyball program, the magic he had woven on the basketball court for so long seemed to work again. Deterding, however, didn't want to take much credit for the Warrior spikers' success — 22 wins and a regional title win over perennial powerhouse Edwardsville.

He instead pointed to the awesome talent of the high-flying Wendy Knollman and Tammy LeVault and the steady play of veterans like Beth Earney and Lisa Mills.

Tim and Jamie, where are you? Part II: The fun stopped for Deterding after the last volleyball match. Back on the basketball court, a woefully inexperienced Warrior team took it on the chin.

A record — including a 12-game losing streak — might have left Deterding at times wishing he had moved retirement in two years. But through it all, some young players got plenty of playing time and tough lessons in the school of hard knocks.

Deterding's final season should be much better. Devil of a time: The Venice Red Devils, minus Jesse Hall, were still good enough to at least defend their state championship in Champaign.

But they came out slowly in the first half of a sectional semi-

final game against Weslin and a late comeback fell two points short. The season's highlight was that Dale Turner stepped out of Hall's shadow and became the best guard in the area.

With talented big men Daryl Jackson and Hosea King coming back, next winter should be another warm one at the Venice gym. Still, last year's Devils at times appeared uninspired, unable to come up with the big effort except against a certain cross-town rival.

Return of the Green: The years since Larry Graham's departure hadn't been kind to the Madison basketball program.

The last two seasons had ended right around the 500 mark — well below the standard set by Graham. But Rich Essington got things going his way in his second year. Although his team wasn't that talented or experienced, he got all he could out of it and the Trojans won 20 games.

But the young Trojans were still a little out of their league in

three meetings with the more experienced Red Devils. Venice came from behind to win at Madison, scored a blowout on its home floor, then held off a late rally for victory in the regional title game at Dupo. Ex-Trojan Carlos Briggs burned his old mates with 33 points in that one.

One that got away: The Warrior baseball team was only 9-7 after 16 games, but they were about to knock off unbeaten Belleville West on the Maroons' home field April 19.

Booming bats helped propel Granite City to a 9-4 lead going into the seventh inning with unbeaten John Moad on the mound. Bob Stegemeier's young players were feeling like they were as good as anybody. But a series of bloop hits, errors and a bad call at first base sent the Warriors down to a shocking 10-9, eight-inning loss.

It turned the season around as the erratic Warriors surged and sagged before bowing out with an 18-19 record. They lost to Jerseyville in the regional semi-

finals in typical fashion — blowing a 7-0 fourth-inning lead.

Now, about those penalty kicks: Gene Baker avoided a penalty kick finish to the state title game in November. But a late tying goal by Cheryl Stacey sent the Lady Warriors into that very situation against Collinsville at the Football Bowl on Saturday night. With a state tournament berth on the line.

Granite City appeared to have the game won when all-star Jennifer Debevc had the last

kick of the first round, needing only to score to win the game.

But she was stopped by Lady Kabok keeper Julie Corrie and the Purple Gang went on to win en route to a fourth-place finish at state.

That's it, just some of the highlights — and lowlights. Quite a school year. And the first day of football practice is Aug. 15 — 54 days from now.

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# 'Bull Durham' yet another try at making good sports movie

Here are a few people who could have done the baseball stunt work for Tony Perkins in *Fear Strikes Out*. My 3-year-old kid, my dog, Nancy Reagan, Joe Cocker, Betty Crocker, Butterly McQueen and Eb from Green Acres.

The list goes on. I won't. Sports movies, in a word, stink. The worst of the lot are baseball movies. Consider this a warning. Two more sports movies are going to be dumped on us this summer. Heaven help us all. Quick, into the lifeboats — women, children and baseball fans first.

Bull Durham, a tale of love, lust and the minor leagues, came out this week. Later, we'll get *Eight Men Out*, a story of the bad old days of baseball. The good news is these are baseball movies. The bad news is these are baseball movies.

Eeeee! That's how baseball, with its 10 tons of wonderful history, goes to the movies.

Eeeee! That's how baseball fans come out of the movies.

There are no bigger fans than the baseball nuts in the Society for American Baseball Research. If Bull Durham is like 99 percent of the sports movies of the last half century, there will be no more disappointed fans than the SABR gang.

Hope, however, springs eternal. The early reviews on Bull Durham are positive. Of course, you have to consider the source. You think Leonard Maltin or Siskel and Ebert would know a drag bunt from a drag queen? Fat chance.

Walter Langford of west St. Louis County is a typical baseball fan — he's an optimistic

## Sports talk

Dennis Barnidge

sort, Langford, a member of the local SABR chapter and the author of *Legends of Baseball: An Oral History of the Game's Golden Age*, is rooting for at least one of the summer baseball movies to be a home run.

A home run? Hell, he'd settle for a bleeder through the infield. He'd like to see a hit. He doesn't expect it. Langford knows his stuff. A former college professor, he's nearly 80. In that time, he's seen a lot of baseball and a lot of movies. Seldom has he seen the two put together for anything special.

"I don't think I've ever seen any that I've enjoyed a great deal, though I did think *The Natural* was rather interesting," he said.

Langford was one of several baseball authors on hand for the Authors Day segment of SABR's annual exhibit at Hawken House in Webster Groves. The exhibit — which will still be open this Thursday and Sunday — is devoted to the history of the Cardinals. Unlike the movies, the exhibit is stuffed with the kind of things baseball fans love.

What Langford liked about *The Natural* was that Robert Redford, in the title role, looked like he had at least heard of baseball. He didn't look like Eric

Davis swinging the bat, but he didn't look like Sammy Davis Jr. either.

"Redford came closer to filling the bill as a ballplayer than people like either Bill Bendix (Babe Ruth) or Ron Reagan (Grover Cleveland Alexander)," Langford said. "He looked like he had played some ball."

"I don't know why it is, but I don't think they've come up with the best baseball movie they can."

God, let's hope not. Baseball movies have been plagued by two tiny problems over the years: Goofy stories (*Blue Skies* Again, *The Slugger's Wife*) and dippy actors (Bendix, Reagan). The worst movies have had both. Take *Fear Strikes Out*. Please.

Tony Perkins starred as Jimmie Piersall. Piersall was a manic depressive, fruitcake-jerk who spent 17 years in the major leagues as a wizard defensive outfielder. Perkins took the basics and added a twist: He played Piersall as a manic depressive, fruitcake-jerk who threw like a girl.

If it had been up to Perkins to set the athletic standard for sports movies, we would've had Jackie Gleason starring in *The Jim Thorpe Story* (Alice, get my helmet. Thorpe and me are going to play some football).

Baseball movies haven't dipped that low. Yet. The jury still is out on Bull Durham, but it's worth noting that two of the main characters are a catcher named "Crash" and a fast-balling pitcher tagged "Nuke." Not too clever, huh? But take heart. It's early, it's summer and it's baseball.

## Sports shorts

### Soccer team has benefit barbecue

The 11-19 girls Elks soccer team is having a benefit barbecue on June 24-25 in the Bellemore Shopping Center parking lot.

Pork steak plates are \$3.50 and sandwiches are \$2.50. Shish-k-bob plates are \$3.75 and sandwiches are \$2.75.

Proceeds will go to help the team's expenses for a soccer tournament it will be playing in Canada.

### QCSA sucker sale held next weekend

The Quad City Soccer Association will hold its annual sucker sale on June 24-25.

Parents and players will be in front of local stores and banks on Friday afternoon and all day Saturday selling suckers to raise money for QCSA. They will also be at the gates of Granite City Steel.

Persons are encouraged to make a donation to help the QCSA fundraiser.

### Firemen's softball tournament July 15-17

The Granite City Fire Department will hold its second annual men's softball tournament July 15-17.

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## •Triplets

(Continued from Page 1D)

"He pitched a heck of a game after the first inning," George said. "Evening is really coming on for me. He graduated last year, so he didn't play any high-school ball. Not a pitcher like he did last season."

For the Triplets, all they want to do is get the heck out of the rough times. On the best of a bad outing against Waterloo on Sunday, they fell over and into each other all night, making five obvious errors and several other misplays.

After the first inning everything just went downhill. Triplets coach Ralph Burnett said, "We missed such a big inning and we just didn't play good baseball. We're tired after playing eight days in a row, but that's no excuse."

With Granite City up 2-0, Cahokia went to work in its half of the first. Randy George hit a line shot to right that Dennis Labory never got a bead on and missed. Granite City then bobbled the relay throw and George went to third. Labory can be excused for missing the ball. The sun blinds every right fielder at Cahokia's field at 7:30 p.m.

Erv Dugan then singled home George and Dugan scored on a botched double play. Instead of holding the ball after the force out, Chad Lignoul tried to convert an off-balanced throw, but it was wild.

Cahokia took the lead for good in the second inning. Rich Foster reached on an infield single and Lance Westbrook doubled him home. Danny Howell then followed with a clutch two-out single to score Dugan and put Cahokia up 4-2.

After Granite got a run back on doubles by Darin Hendrickson and Wallace, Post 784 came back with two runs in the fourth without the aid of an official hit. Westbrook reached when Hendrickson dropped a pop-up in medium right field. George walked and Dugan clubbed a ball off the left-center field fence. Both runners scored and Dugan was just nipped trying to stretch the hit into a triple.

Mike Krausz replaced Wallace, but Cahokia got to him quickly. He gave up a double to Craig Milam and singles to Jim Meppiel and Foster. Foster's hit scored Milam and a Triplet error let in another run. George's sacrifice fly gave Cahokia a 5-3 lead. Two walks and an error let in Cahokia's final run.

After hosting Belfalto on Tuesday, the Triplets play at East St. Louis at 6 p.m. tonight.

## •Optimists

(Continued from Page 1D)

Jackson in the third. Tony Crouch singled home two runs in the fourth before Huffman mis-handled a fly ball as two more runs scored. Schardan fanned seven and walked only one in his five innings.

But it was 7-0 before the Optimists had their best chance in the fifth. A single and two walks loaded the bases for Keith Matlock—the team's hottest hitter. But he popped up on the first pitch.

"We wanted Keith to go up there swinging," Benson said. "He's the one hot hitter we have. And the way we're striking out (77 in 10 games), we're afraid to have them take a strike. They take too many strikes anyway."

The Optimists did get three in the sixth against Greenville starter John Linton. Schardan reached on an error, Mueller doubled, Chris Wischul got an infield hit. All three scored on a wild pitch, a hit by Mike Young and an error.

"But after we get something going, we give it right back to them," Benson said.

And more. Greenville got six off Wiehardt in the seventh on four hits, two walks and two more errors. Granite City got its final run in the seventh when Wiehardt's fly ball was dropped in center field. But the game ended fittingly when Wiehardt was out easily at second.

"I don't know what he was thinking then," said Kasper. "Our heads just aren't in the game. People say we make it exciting, but it's not exciting for me. I'm 38 going on 48."

NOTES: The Optimists swept a double-header from Dupo on Saturday, but it was far from convincing. Jamie Needham won the opener 5-3 as he went all the way, allowing five hits and one earned run. Harshbary hit two earned runs and two RBIs as Granite City scored three in the sixth. Each team had four errors. In the nightcap, the Optimists led 5-1 and 7-5 only to see Dupo rally to tie twice. A squeeze bunt by Schardan in the seventh won the game. Schardan had homered earlier. Wiehardt had two hits and two RBIs. Soncszyn got the win in relief of Kevin Wozniak. Dupo outlasted Granite City 10-9 and the Optimists committed six errors.

## •Rains

(Continued from Page 1D)

John Tudor received a \$200,000 raise, to \$1.3 million, for the 1988 season and then proclaimed he expects to retire when that year is over. If Ozzie Smith doesn't change his current belief that he also will retire after the 1989 season, the 1990 lineup could look quite different.

The Cardinals drafted Stanford right-hander Lee Plemel in the fifth round of this month's amateur draft, and then watched him win the MVP award at the College World Series. Plemel was 2-0, pitching complete-game

victories over Fresno State and Cal State-Fullerton.

When he signs, it will give the Cardinals farm system two of the last three MVPs in the college World Series. Outfielder Mike Senne, now at Class A St. Petersburg, was the MVP while playing with champion Arizona in 1986.

Trade rumors from around the majors: Toronto's Jesse Barfield likely is headed to another American League team, possibly either Boston or Minnesota. The Orioles have received a huge

offer from the Red Sox for shortstop Cal Ripken; either of outfielders Brady Anderson or Todd Benzinger, pitchers Steve Curry and Jeff Sellers, shortstop Jody Reed and catcher John Marzano. That is the type of deal the Orioles need to make to rebuild the franchise...Bob Brenly expects to be the next Giant moving to a new team. He has been benched in favor of Kirt Manwarring, called up from the minors.

The Cubs' best strategy for 1989 might be to sign whatever free agent Montreal does not re-

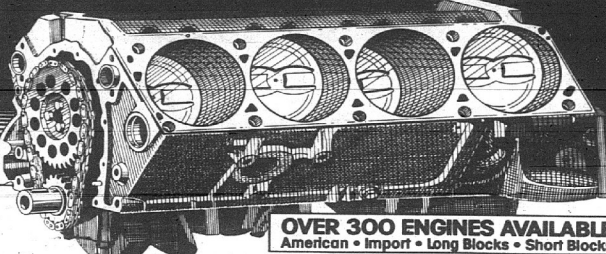
sign. Last year, that brought league MVP Andre Dawson to the Cubs; this year's addition was third baseman Vance Law, who has been spectacular. Law has been very solid defensively, which the Cubs expected, but he also leads the team with 34 RBIs...The Giants' Rick Reuschel is 10-3, which should be a good enough record to earn him a spot on the NL All-Star team. But Reuschel says he will decline the invitation if it comes.

He is scheduled to be married over the three-day break.

Sparky Anderson has passed the 10-year mark as manager of the Tigers, one more year than he spent as manager of the Reds. Since Anderson arrived in Detroit, the Yankees have had 11 managers, the Cubs nine and the Padres and Mariners seven each...Texas already has optioned seven players who were on its opening day roster to Triple A Oklahoma City...Al Campanis has told close friends he expects to return to work soon as a consultant for an unnamed major league club.

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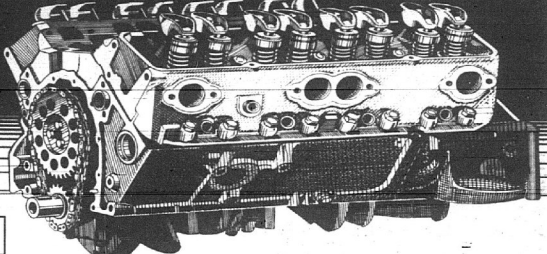
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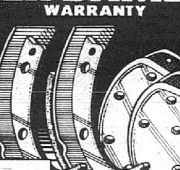
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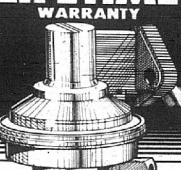
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